

No matter where you live, you want to know where to turn in the event of an unexpected illness or security concern. This is something that can often be difficult to do when living in an unfamiliar country or simply whilst travelling abroad.

As an ALC Health member you will have **FREE** and unlimited access to our extensive online resource service accessible from any laptop, tablet, desktop or web enabled mobile phone, giving you details about medical facilities near you and the very latest security information.

### Doctors and Hospitals

Search, map and choose among carefully selected doctors and medical facilities in more than 180 countries

### Destination Profiles

CityHealth<sup>SM</sup> Profiles - critical health information for nearly 1,500 cities

### Security Profiles

Detailed information about security conditions covering hundreds of major destinations

### Medical Translations

Country specific brand names and generic equivalents for over 350 medications worldwide

### Medical Terms and Phrases

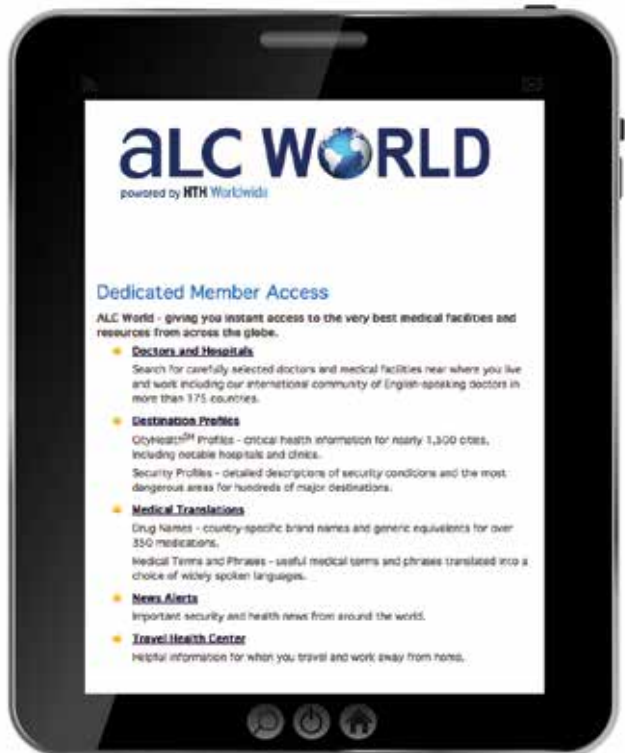
Help in understanding diagnostic tests or treatments

### News Alerts

Important security and health news from around the world

### Travel Health Centre

Helpful information when you travel and work away from home



**when you need an emergency blood transfusion**

# you're covered

**If you are involved in an accident or are taken ill whilst overseas and require a transfusion before you can be evacuated, can you be sure that the blood you will receive meets the standards of your national transfusion services?**

The Blood Care Foundation is designed to alleviate the shortages of blood, which occur in many parts of the developing world which can be due to the availability of certain blood groups, cultural taboos, financial constraints or a high incidence of transfusion transmitted diseases found in the donor pool, including diseases such as HIV I and II, Hepatitis B and C and Malaria.

The provision of blood cover by the Foundation, particularly to expatriates, business travellers and those travelling, ensures that screened supplies of blood are immediately available.



Providing resuscitation fluids



Supplying sterile transfusion equipment



Delivering properly screened blood



Supporting on-site medical staff with consultation services

## **Emergency Blood Helpline + 41 (0)22 785 6500**

As soon as the 24 hour emergency alarm centre is advised that blood may be needed, the Foundation will contact your physician to identify the transfusion requirements. If a transfusion is required, the Foundation will arrange for resuscitation fluids from a Regional Supply Point (RSP) to be delivered by courier no matter where in the world you may be.

The Foundation operates a global network of blood banks, enabling it to provide blood to almost any location in the world within 12 - 18 hours, subject to the availability of scheduled air services. Every courier is either an anaesthetist or paramedic, trained in cardio-pulmonary resuscitation and is capable of establishing a transfusion, even in the shocked patient.

**Membership of the Blood Care Foundation is provided FREE to all ALC Health members**

[www.alchealth.com/bloodcarefoundation](http://www.alchealth.com/bloodcarefoundation)

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