GLOBAL PRIMA MEDICAL INSURANCE Corporate Policy Wording

















Welcome to your Global Prima Medical Insurance Policy.

In return for payment of the **premium**, **we** agree to provide the **insured person**, subject to the terms and conditions contained in this **policy**, **Certificate of Insurance** and any **endorsements**, with the cover and benefits described in this **policy** for **medically necessary** eligible **treatment**.

This **policy** is a legal contract among **us** and the **policyholder**. The **Certificate of Insurance**, the **Application Form** and any **endorsements**, is an outline and evidence of the insurance provided by this **policy**. The insurance evidenced by the **Certificate of Insurance** is subject to all terms and conditions of this **policy**, including the **application**, and any **endorsements**. Please read the whole **policy** wording carefully and keep it in a safe place.

Certain words in this **policy** have a specific meaning. Wherever words appear in bold in this **policy**, they will have the meanings shown in the definitions section.

All documentation and correspondence relating to this **policy** wording will be written in English.

This **policy** is underwritten by SiriusPoint International Insurance Corporation ("SiriusPoint"). SiriusPoint is authorised by the Prudential Regulation Authority and regulated by both the Prudential Regulation Authority and the Financial Conduct Authority (FRN: 202912) with company number BR002760 and with its establishment offices at Floor 4, 20 Fenchurch Street, London EC3M 3BY, UK. SiriusPoint is a UK establishment office of SiriusPoint International Insurance Corporation (Publ) which is authorised and regulated by the Swedish Financial Supervisory Authority with company number FC018332 and with its registered address at Birger Jarlsgatan 57b, 113 96 Stockholm, Sweden.

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Policy Wording effective 01 April 2023

For **Policyholders** whose **Country of Residence** is in the European Economic Area (EEA).

LEVEL OF COVER

This **policy** provides cover for the following benefits in respect of **treatment** of an **insured person** provided during the **period of cover** for an eligible **medical condition**. All benefits, including full refunds, are conditional upon charges being **reasonable and customary**.

Overall policy limit

The overall **policy** limit is the most **we** will pay for each **insured person** in any **period of cover**. The overall **policy** limit and any monetary limits to the benefits will be determined by the currency which **you** have selected for **your policy**.

USA – treatment received

Subject to the appropriate area of cover, any eligible medical treatment received in the USA must be within the PPO Network.

If treatment is received outside of the PPO Network a 50% co-insurance will apply.

THE COVER

In-patient & Day-patient Treatment

(Treatment received by an insured person when admitted to a hospital bed for an overnight stay of one (1) or more nights or as a day-patient)

Accommodation

Hospital accommodation in a ward, semi-private or private room.

Parent Accommodation

Room charges for one parent or legal guardian to stay with an **insured person** who is under 18 years of age whilst admitted to a **hospital** bed for an eliqible **medical condition**.

Professional Fees

Specialist, medical practitioner and **qualified nurse** fees (including surgeons' and anaesthetists' fees) associated with providing consultations or administering **treatment**.

Medication

Drugs, medicines and dressings when prescribed by a specialist or medical practitioner.

Diagnostic

Diagnostic tests and procedures, including x-rays, **pathology**, computerised tomography and magnetic resonance imaging (brain and body scans).

Theatre Fees

Operating theatre fees.

Reconstructive Surgery

Reconstructive surgery required following an **accident** or following surgery for an eligible **medical condition** which occurred after **your date of entry** and which is performed within twelve (12) months of the **accident** or surgery. **We** will only cover the initial reconstruction.

Chronic Conditions - Acute

Treatment required to stabilise an **acute** episode of a **chronic** condition, including **medical practitioner** and **specialist** fees, diagnostics and **medication**.

Chronic Conditions - Routine Management and Palliative Treatment

Routine management and maintenance of a **chronic** condition or **palliative treatment** of a **chronic** condition, including **medical practitioner** and **specialist** fees, diagnostics and **medication**.

Kidney Dialysis

Acute episode of an eligible medical condition which would result in the need for Kidney Dialysis.

Routine management, maintenance and palliative treatment of a chronic condition which requires ongoing Kidney Dialysis.

Oncology

All **treatment** aimed to cure cancer, manage and maintain irrecoverable cancer and **palliative treatment** during the end stages of cancer. The benefit includes oncologist and **specialist** fees, diagnostics, **medication**, radiotherapy, chemotherapy and immunotherapy.

HIV//AIDS

Treatment arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV related illness, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related Complex (ARC).

Cover under this benefit is only available following an occupational **accident** (e.g. needle prick) or blood transfusion and when contracted after **your date of entry.**

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
£1,000,000 €1,000,000 US\$1,000,000	£2,000,000 €2,000,000 US\$2,000,000	£3,000,000 €3,000,000 US\$3,000,000	£4,000,000 €4,000,000 US\$4,000,000	£5,000,000 €5,000,000 US\$5,000,000
50% co-insurance after your policy excess has been applied for eligible treatment received outside the PPO Network	50% co-insurance after your policy excess has been applied for eligible treatment received outside the PPO Network	50% co-insurance after your policy excess has been applied for eligible treatment received outside the PPO Network	50% co-insurance after your policy excess has been applied for eligible treatment received outside the PPO Network	50% co-insurance after your policy excess has been applied for eligible treatment received outside the PPO Network

Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Not Covered	Not Covered	Limited to £10,000: €10,000: US\$10,000	Limited to £50,000: €50,000: US\$50,000	Full Refund
Full Refund Not Covered	Full Refund Not Covered	Full Refund Not Covered	Full Refund Limited to £20,000: €20,000: US\$20,000	Full Refund Limited to £50,000: €50,000: US\$50,000
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Not Covered	Not Covered	Not Covered	Limited to £10,000: €10,000: US\$10,000	Limited to £20,000: €20,000: US\$20,000

IVF Treatment (excluding costs incurred within the first ten (10) months of your date of entry)

Up to three (3) cycles of in-vitro fertilisation (IVF) where there is a medical reason why **you** are unable to conceive naturally and which is diagnosed after **your date of entry**, including **specialist** fees and **medication**. All cover under this benefit is subject to **pre-authorisation** by **us**. If it is not **pre-authorised** by **us**, then **we** reserve the right to decline the claim in full.

Organ Transplants

Transplant of any human organ in respect of costs incurred by an **insured person** to receive a donor organ. No costs incurred in locating and harvesting a donor organ are covered.

Complications of Pregnancy (excluding costs incurred within the first ten (10) months of your date of entry)

Treatment of new eligible **medical conditions** which arise during the antenatal stages of pregnancy, or which occur during the childbirth/delivery. **We** will cover one follow-up **out-patient** consultation, following an **in-patient** or **day-patient** admission.

Newborn Cover - Premature Births

Cover in respect of a premature baby (i.e. where birth is prior to thirty-seven (37) weeks gestation) in respect of an **acute** or **chronic medical condition** requiring **in-patient treatment**. The mother named on the birth certificate must have been insured with **us** for at least ten (10) months prior to the birth. All cover is subject to the **newborn** being added to the **policy** from birth and within thirty (30) days of birth.

Newborn Cover - Congenital

Cover in respect of a **newborn** baby requiring **treatment** or **palliative treatment** of a **congenital anomaly** which is diagnosed within twelve (12) months of birth. All cover is subject to the **newborn** being added to the **policy** from birth and within thirty (30) days of birth.

Physiotherapy

Physiotherapy when such **treatment** is recommended by a **specialist** and **treatment** is carried out by a **physiotherapist** and is administered during the period of stay in **hospital**.

Rehabilitation

Rehabilitation when it is considered an integral part of **treatment**, is supervised by a **specialist** and is undertaken in a recognised **rehabilitation** unit.

Psychiatric Illness

Treatment administered by a clinical psychiatrist or psychologist, including **specialist** consultations, assessments, diagnostics and **medications** and given in a recognised psychiatric unit of a **hospital**. All **treatment** under this benefit is subject to **pre-authorisation** by **us**. If **treatment** is not **pre-authorised** by **us**, then **we** reserve the right to decline the claim in full.

Ancillary Charges

The purchase or rental of crutches or wheelchairs following treatment as an in-patient or day-patient.

Provision of external prostheses following treatment of an eligible medical condition.

Home Nursing

Home nursing provided by a **qualified nurse**, when **medically necessary**, recommended by a **specialist** and required as a vital part of **treatment** to aid recovery from an eligible **medical condition**, immediately following release from a **hospital in-patient** or **day-patient** stay.

Transportation

Charges for a road ambulance, or costs associated with another form of transport if a road ambulance is inappropriate, for transportation to the nearest appropriate **hospital** when the **medical practitioner** advises it is **medically necessary**.

Cash Benefit

Where **hospital** accommodation and all **treatment** costs are provided in a State or Charitable **Hospital** and no claim is submitted under this **policy** for **reimbursement** of any **in-patient** costs, and providing that the **medical condition** suffered would be eligible for benefit.

Emergency Treatment Outside Area of Cover

Treatment (through a **medical practitioner** or **specialist** commencing within twenty-four (24) hours of the **emergency** event), when admitted to a **hospital** bed as an **in-patient** or **day-patient**, required as a result of an **accident** or the sudden beginning or worsening of an eligible **medical condition** where failure to seek immediate medical attention would result in death or serious damage to bodily functions.

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
Not Covered	Not Covered	Not Covered	Not Covered	Limited to £2,000: €2,000: US\$2,000 per cycle and a maximum of 3 cycles per lifetime . This benefit is subject to 50% co-insurance
£100,000: €100,000: US\$100,000 Lifetime Limit	£100,000: €100,000: US\$100,000 Lifetime Limit	£250,000: €250,000: US\$250,000 Lifetime Limit	£250,000: €250,000: US\$250,000 Lifetime Limit	£500,000: €500,000: US\$500,000 Lifetime Limit
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Not Covered	Not Covered	Cover for the first 30 days from birth is limited to a maximum sum insured of £10,000: €10,000: US\$10,000 for each baby. Thereafter, cover will exclude any medical conditions which exists at the end of the first 30 day period.	Cover for the first 30 days from birth is limited to a maximum sum insured of £15,000: €15,000: US\$15,000 for each baby. Thereafter, cover will exclude any medical conditions which exists at the end of the first 30 day period.	Cover for the first 30 days from birth is limited to a maximum sum insured of £20,000: €20,000: US\$20,000 for each baby. Thereafter, cover will exclude any medical conditions which exists at the end of the first 30 day period.
Not Covered	Not Covered	£50,000: €50,000: US\$50,000 Lifetime Limit	£75,000: €75,000: US\$75,000 Lifetime Limit	£100,000: €100,000: US\$100,000 Lifetime Limit
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Not Covered	Not Covered	Not Covered	Full Refund	Full Refund
Not Covered	Limited to 15 days each year	Limited to 30 days each year	Limited to 30 days each year	Limited to 45 days each year
Limited to £200: €200: US\$200	Limited to £200: €200: US\$200	Limited to £300: €300: US\$300	Limited to £300: €300: US\$300	Limited to £500: €500: US\$500
Not Covered	Not Covered	Not Covered	Not Covered	Limited to £2,000: €2,000: US\$2,000
Maximum 30 days each year , limited to £100: €100: US\$100 per visit	Maximum 30 days each year , limited to £100: €100: US\$100 per visit	Maximum 60 days each year , limited to £100: €100: US\$100 per visit	Maximum 60 days each year , limited to £100: €100: US\$100 per visit	Maximum 90 days each year , limited to £100: €100: US\$100 per visit
Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
£100: €100: US\$100 each night up to a maximum of 30 nights	£100: €100: US\$100 each night up to a maximum of 30 nights	£200: €200: US\$200 each night up to a maximum of 45 nights	£200: €200: US\$200 each night up to a maximum of 45 nights	£300: €300: US\$300 each night up to a maximum of 60 nights
Maximum 30 nights each year	Maximum 30 nights each year	Maximum 30 nights each year	Maximum 30 nights each year	Maximum 30 nights each year
Maximum sum insured of £20,000: €20,000: US\$20,000	Maximum sum insured of £20,000: €20,000: U\$\$20,000	Maximum sum insured of £30,000: €30,000: U\$\$30,000	Maximum sum insured of £40,000: €40,000 US\$40,000	Maximum sum insured of £50,000: €50,000 US\$50,000
Limited to trips of under 30 days.	Limited to trips of under 30 days.	Limited to trips of under 30 days.	Limited to trips of under 30 days.	Limited to trips of under 30 days.

Out-patient Treatment
(Treatment received but without admission to a hospital bed)
Overall Out-patient Limit
Professional Fees Medical practitioner, specialist and qualified nurse fees incurred for consultations and examinations. If you are unable to attend your medical practitioner's office for medical reasons, the consultation can be done by telephone or video conference with your medical practitioner.
Diagnostic Diagnostic procedures, including x-rays, pathology , computerised tomography and magnetic resonance imaging (brain and body scans).
Surgical Treatment Minor surgical procedures when carried out by a medical practitioner or specialist.
Medication Drugs, medicines and dressings when prescribed by a specialist or medical practitioner , unless specified elsewhere in 'The Cover'.
Transportation We will pay for medically necessary travel by road ambulance to the nearest appropriate hospital accident and emergency department for eligible treatment .
Chronic Conditions - Acute Treatment required to stabilise an acute episode of a chronic condition, including medical practitioner and specialist fees, diagnostics and medication.
Chronic Conditions - Routine Management and Palliative Treatment Routine management and maintenance of a chronic condition, or palliative treatment of a chronic condition, including medical practitioner and specialist fees, diagnostics and medication.
Kidney Dialysis Acute episode of an eligible medical condition which would result in the need for Kidney Dialysis. Routine management, maintenance and palliative treatment of a chronic condition which requires ongoing Kidney Dialysis.

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
Out-patient limit of £2,500: €2,500: US\$2,500 within overall policy limit of £1,000,000: €1,000,000: US\$1,000,000	Out-patient limit of £5,000: €5,000: US\$5,000 within overall policy limit of £2,000,000: €2,000,000: US\$2,000,000	Out-patient limit of £10,000: €10,000: US\$10,000 within overall policy limit of £3,000,000: €3,000,000: US\$3,000,000	Limited to the overall policy limit of £4,000,000: €4,000,000: US\$4,000,000	Limited to the overall policy limit of £5,000,000: €5,000,000: US\$5,000,000
Medical practitioner and qualified nurse fees - Not Covered Pre & post-operative specialist fees prior to or following eligible in-patient/day-patient or out-patient surgery, received within 30 days of surgery. Limited to £250: €250: US\$250 each year within the overall out-patient limit	Full Refund within overall out-patient limit	Full Refund within overall out-patient limit	Full Refund	Full Refund
Limited to £250: €250: US\$250 per diagnostic procedure within overall out-patient limit	Limited to £500: €500: US\$500 per diagnostic procedure within overall out-patient limit	Full Refund within the overall out-patient limit	Full Refund	Full Refund
Full Refund within the overall policy limit £1,000,000: €1,000,000: US\$1,000,000	Full Refund within the overall policy limit £2,000,000: €2,000,000: US\$2,000,000	Full Refund within the overall policy limit of £3,000,000: €3,000,000: US\$3,000,000	Full Refund	Full Refund
Limited to £500: €500: US\$500 each year within overall out-patient limit and following eligible in-patient/day-patient or out-patient surgery, received within 30 days of surgery.	Limited to £1,000: €1,000: US\$1,000 each year within overall out-patient limit	Full Refund within overall out-patient limit	Full Refund	Full Refund
Full Refund within overall out-patient limit	Full Refund within overall out-patient limit	Full Refund within overall out-patient limit	Full Refund	Full Refund
Not Covered	Full Refund within overall out-patient limit	Full Refund within overall out-patient limit	Full Refund	Full Refund
Not Covered	Not Covered	Limited to £1,000: €1,000: US\$1,000 each year within overall out-patient limit	Limited to £5,000: €5,000: US\$5,000 each year	Limited to £10,000: €10,000: US\$10,000 each year
Full Refund within overall out-patient limit Not Covered	Full Refund within overall out-patient limit Not Covered	Full Refund within overall out-patient limit Not Covered	Full Refund Limited to £5,000: €5,000: US\$5,000 each year	Full Refund Limited to £10,000: €10,000: US\$10,000 each year

Oncology

All **treatment** aimed to cure cancer, manage and maintain irrecoverable cancer and **palliative treatment** during the end stages of cancer. The benefit includes oncologist and **specialist** fees, diagnostics, **medication**, radiotherapy, chemotherapy and immunotherapy. Includes road ambulance costs for transportation to and from the **out-patient** unit of a **hospital** for the administering of this specific **treatment**.

Purchase of wigs during active treatment of cancer which is covered under your policy.

HIV/AIDS

Treatment arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV related illness, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related Complex (ARC).

Cover under this benefit is only available following an occupational **accident** (e.g. needle prick) or blood transfusion and when contracted after **your date of entry**.

Physiotherapy

Physiotherapy on recommendation by a **medical practitioner** or **specialist** and where **treatment** is carried out by a **physiotherapist**. A referral from **your medical practitioner** or **specialist** is valid for six (6) months only, after which time a new referral letter would be required. If during this six (6) month period **you** require physiotherapy for a different **medical condition**, then a new referral will be required. A **treatment** plan from **your physiotherapist** will be required for review and after each ten (10) sessions. **Treatments** are recorded and, if required, additional information may be requested.

Chiropody or Podiatry

Treatment by a Chiropodist or Podiatrist without referral from a medical practitioner.

Complementary Treatment

Treatment administered by and **medication** prescribed by chiropractors, osteopaths, homeopaths, acupuncturists, Chinese herbalists or Chinese practitioners.

Dietician (limited to one (1) visit each year).

Recommendation by a **medical practitioner** or **specialist** is required for all **complementary treatments**. A referral from **your medical practitioner** or **specialist** is valid for six (6) months only, after which time a new referral letter would be required. If during this six (6) month period **you** require **complementary treatment** for a different **medical condition**, then a new referral will be required. A **treatment** plan from **your** therapist will be required for review and after each ten (10) sessions.

Psychiatric Illness

Treatment administered by a clinical psychiatrist or psychologist, including **specialist** consultations, assessments, diagnostics and **medications**. All **treatment** under this benefit is subject to **pre-authorisation** by **us**. If **treatment** is not **pre-authorised** by **us**, then **we** reserve the right to decline the claim in full. A **treatment** plan from **your** psychiatrist or psychologist will be required for review and after every three (3) months.

Hormone Replacement Therapy (HRT)

Medical practitioner or **specialist** consultations and prescribed **treatment** when administered for the sole purpose of treating the menopause and which is diagnosed after **your date of entry**.

Optical

Standard eye examination to check your vision when carried out by an optometrist or ophthalmologist.

Prescribed glasses and contact lenses to correct vision when **your** prescription has changed.

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
Full Refund within the overall policy limit £1,000,000: €1,000,000: US\$1,000,000	Full Refund within the overall policy limit £2,000,000: €2,000,000: US\$2,000,000	Full Refund within the overall policy limit £3,000,000: €3,000,000: US\$3,000,000	Full Refund	Full Refund
£250: €250: US\$250 per lifetime	£250: €250: U\$\$250 per lifetime	£500: €500: U\$\$500 per lifetime	£500: €500: US\$500 per lifetime	£1,000: €1,000: US\$1,000 per lifetime
Not Covered	Not Covered	Not Covered	Limited to £10,000: €10,000: US\$10,000 each year within overall in-patient/day-patient HIV/AIDS benefit limit	Limited to £20,000: €20,000: US\$20,000 each year within overall in-patient/day-patient HIV/AIDS benefit limit
£50: €50: US\$50 per visit limited to 10 visits each year within overall out-patient limit following eligible in-patient/day-patient or out-patient surgery, received within 60 days of surgery	£50: €50: US\$50 per visit limited to 10 visits each year within overall out-patient limit	£75: €75: US\$75 per visit limited to 20 visits each year within overall out-patient limit	£75: €75: US\$75 per visit limited to 20 visits each year	£100: €100: US\$100 per visit limited to 30 visits each year
Not Covered	Not Covered	Limited to £250: €250: US\$250 each year within overall out-patient limit	Limited to £250: €250: US\$250 each year	Limited to £500: €500: US\$500 each year
Not Covered	Not Covered	£75: €75: US\$75 per visit limited to 10 visits each year within overall out-patient limit (Dietician limited to one (1) visit each year)	£75: €75: US\$75 per visit limited to 20 visits each year (Dietician limited to one (1) visit each year)	£100: €100: U\$\$100 per visit limited to 30 visits each year (Dietician limited to one (1) visit each year)
Not Covered	Not Covered	Not Covered	Limited to £5,000: €5,000: US\$5,000 each year	Limited to £10,000: €10,000: US\$10,000 each year
Not Covered	Not Covered	Not Covered	Full Refund Limited to 18 months cover from date of diagnosis	Full Refund
Not Covered	Not Covered	Full Refund limited to one examination each year within overall out-patient limit	Full Refund limited to one examination each year	Full Refund limited to one examination each year
Not Covered	Not Covered	Limited to £150: €150: US\$150 each year within overall out-patient limit	Limited to £250: €250: US\$250 each year	Limited to £500: €500: US\$500 each year

Well-being Benefit

(excluding costs incurred within the first ten (10) months from your date of entry).

Hearing Test

Annual Hearing Test carried out by a medical practitioner.

Routine Health Checks

Tests/screenings when performed by a **medical practitioner**, that are undertaken without any clinical symptoms being present including the following examinations performed at an appropriate age interval for the early detection of illness or disease:

- Vital signs (blood pressure, cholesterol, pulse, respiration, temperature etc)
- Cardiovascular examination
- Neurological examination
- Cancer screening
- Well child test

Vaccinations

Cost of drugs and consultations to administer all basic immunisations and booster injections required under regulation of the country in which **treatment** is being given and any **medically necessary** travel vaccinations and malaria prophylaxis.

Emergency Dental Treatment – Accidental Damage to Teeth

Emergency out-patient dental **treatment** received in a dental surgery or **hospital** emergency room to repair damage caused to **sound natural teeth** following an **accident**, such as a cracked or broken tooth. The **treatment** must be received within five (5) days of the **emergency** event. This does not include any form of dental prosthesis, root canal **treatment** or damage caused by eating.

Emergency Dental Treatment - Pain Relief

Emergency out-patient dental **treatment** received in a dental surgery or **hospital** emergency room for the immediate relief of dental pain, being **treatment** of an abscess, infection or loose or broken filling. The **treatment** must be received within forty-eight (48) hours of the **emergency** event and can include up to three (3) temporary fillings per **period of cover**. This does not include any form of dental prosthesis or root canal **treatment** or damage caused by eating.

Evacuation or Repatriation

(for eligible medical conditions requiring immediate emergency hospital in-patient or day-patient admission only)

Evacuation

The cost of transporting an **insured person** (and one (1) other relative/colleague to travel as escort) to the nearest appropriate medical facility for **in-patient** or **day-patient treatment** of an **accident** or **medical condition** within the **insured persons area of cover** which, in the opinion of the appointed **medical practitioner**, cannot be treated adequately locally or at the place of incident.

The method of transportation shall be the decision of the assistance company **we** have appointed to act for **us**.

Following Evacuation

Hotel accommodation for escort and **insured person** when required pre and post **hospital** admission.

Return airflight (economy class) for the **insured person** and their escort.

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
Not Covered	Not Covered	The total of the benefits available within the Well-being benefit is limited to £250: €250: US\$250 each year within the overall out-patient limit	The total of the benefits available within the Well-being benefit is limited to £500: €500: US\$500 each year	The total of the benefits available within the Well-being benefit is limited to £1,000: €1,000: US\$1,000 each year
Not Covered	Not Covered	One test each year Full Refund within Well-being limit	One test each year Full Refund within Well-being limit	One test each year Full Refund within Well-being limit
Not Covered	Not Covered	Full Refund within Well-being limit	Full Refund within Well-being limit	Full Refund within Well-being limit
Not Covered Not Covered Not Covered Not Covered Not Covered	Not Covered Not Covered Not Covered Not Covered Not Covered	Children up to the age of 6 years, limited to 15 visits per lifetime Full Refund within Well-being limit	Children up to the age of 6 years, limited to 15 visits per lifetime Full Refund within Well-being limit	Children up to the age of 6 years, limited to 15 visits per lifetime Full Refund within Well-being limit
Not Covered	Not Covered	Not Covered	Limited to £250: €250: US\$250 each year	Limited to £500: €500: US\$500 each year
Not Covered	Not Covered	Full Refund within overall out-patient limit	Full Refund	Full Refund
Not Covered	Not Covered	Not Covered	Not Covered	Limited to £250: €250: US\$250 each year

Full Refund	Full Refund	Full Refund	Full Refund	Full Refund
Not Covered Not Covered	Not Covered Not Covered	Limited to £250: €250: US\$250 each day, for each person Full Refund	Limited to £250: €250: US\$250 each day, for each person Full Refund	Limited to £500: €500: US\$500 each day, for each person Full Refund

Repatriation

The cost of transporting an **insured person** (and one (1) other relative/colleague to travel as escort) to their **country of nationality** or **country of residence** for **in-patient** or **day-patient treatment** of an **accident** or **medical condition** which cannot be treated adequately locally or at the place of incident. The method of transportation shall be the decision of the assistance company **we** have appointed to act for **us**. (If the **country of nationality** or **country of residence** falls outside the geographical area covered under **your policy**, **treatment** and transportation costs will not be considered.)

Mortal Remains

Burial or cremation costs in the country of death

or

transportation of body or ashes to **country of nationality** or **country of residence**.

(If the country of death, **country of nationality** or **country of residence** falls outside the geographical area covered under **your policy** costs will not be considered.)

Other Benefits

24/7 Medical Helpline

Access to MyALC

Within 'MyALC' **our** online member area **you** will be able to:

- Pre-authorise your treatment
- Easily submit **your** claims
- Download a copy of your Certificate of Insurance
- Read secure messages from **our** claims team
- Search for a medical facility
- Obtain useful travel and security information
- Start a web chat
- Access the secure **premium** payment area

Support Programme

Offers support via a confidential helpline available 24/7; whether **you** have a question about handling stress at work or home, parenting, managing money or health issues.

Coverage under these support programme services is not a determination that any specific condition discussed, raised or identified during such consultation is covered under this **policy**. **We** reserve the right to decline future claims relating to or arising from any condition discussed, raised or identified whilst using the support programme where the condition is not eligible for cover within the terms and conditions of the **policy**. Any **policy excess** does not apply to the support programme.

Telemedicine Services

Telemedicine services available 24/7 to discuss a new, **acute medical condition**. **Pre-existing medical conditions** and **psychiatric illnesses** are not covered. Any **policy excess** does not apply to these telemedicine services.

Coverage under these telemedicine services is not a determination that any specific condition discussed, raised or identified during such consultation is covered under this **policy**. We reserve the right to decline future claims relating to or arising from any condition discussed, raised or identified whilst using these telemedicine services where the condition is not eligible for cover within the terms and conditions of the **policy**.

Travel Intelligence

The IMG Travel Intelligence mobile app is a vital travel companion that provides access to dynamic alerts and country intelligence to help **you** prepare for and stay safe while away from home. Alert notifications of high-risk events, including health, terrorism, civil unrest, severe weather risks, in or near **your** current location or travel destination.

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
Full Refund				
Limited to £5,000: €5,000: US\$5,000				
Included	Included	Included	Included	Included
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Included	Included	Included	Included	Included
Included	Included	Included	Included	Included
Not Covered	Not Covered	Not Covered	Included	Included
Not Covered	Included	Included	Included	Included
Included	Included	Included	Included	Included

Routine Pregnancy & Childbirth (OPTIONAL BENEFIT – Subject to an additional premium)

(excluding costs incurred within the first ten (10) months of purchase date of this benefit or your date of entry, whichever is the latter)

Routine pregnancy and childbirth costs, including pre and postnatal check-ups (maximum twelve (12) check-ups), scans (maximum of three (3), one (1) per trimester) and delivery costs for a **routine pregnancy**.

Well Baby Examination

Paediatrician costs for the first examination or check-up of a **newborn** baby, provided the examination is made within seventy-two (72) hours of delivery.

Newborn Accommodation

Cot and nursing charges for **newborn** baby/babies (up to six (6) months of age) to stay with a mother who is admitted to **hospital** as an **in-patient**.

Cash Benefit

Where **hospital** accommodation and all costs relating to the birth of the child are provided in a State or Charitable **Hospital** and no claim is submitted for **reimbursement** of any of these costs.

Dental Treatment (OPTIONAL BENEFIT – Subject to an additional premium)

Dental **treatment** as shown in the table of benefits below when performed by a **dental practitioner** (excluding costs incurred within the first six (6) months of purchase date of this benefit or **your date of entry**, whichever is the latter other than **Accidental Damage** caused to **sound natural teeth**, which is covered immediately).

The procedures below are limited to the amounts shown and are subject to an overall maximum limit each year for dental treatment.

Overall Dental Treatment Limit

Class 1

- Routine examination, including check-up and routine x-rays.
- Cleaning and polishing (whether performed by a **dental practitioner** or hygienist).
- Fillings (amalgam or composite).
- Extractions of teeth other than wisdom teeth.

Class 2

- Diagnostics tests and procedures.
- Wisdom tooth extraction when performed in a dental surgery.
- New porcelain crown/inlay.
- · Repair of crown/inlay.
- Root canal **treatment**.
- · New bridge. All costs relating to fitting a new bridge, including extractions of teeth and any crowns required to support the new bridge.
- Repair of bridge. All costs relating to repairing a bridge, including extractions of teeth and any crowns required to support the bridge.
- New dentures.

Class 3

- Orthodontic treatment (to move teeth or adjust underlying bone) when medically necessary for oral health.
- Dental implants to restore function or appearance following an **accident**. Notification of **treatment** must be received within five (5) days from the date of the **accident** occurring.
- Dental surgery undertaken in a hospital or dental surgery by an oral and maxillofacial surgeon or surgical dentist:
- Surgical removal of impacted or buried wisdom teeth and extractions of complicated buried roots.
- Apicectomy.

Emergency dental **treatment** for the relief of pain, being **treatment** of an abscess, infection or a loose or broken tooth. The **treatment** must be received within forty-eight (48) hours of the **emergency** event.

Accidental Damage caused to **sound natural teeth** lost or damaged in an **accident**, such as a cracked or broken tooth. **Treatment** must be received within five (5) days from the date of the **accident** occurring. This does not include damage caused by eating.

BRONZE	BRONZE PLUS	SILVER	GOLD	PLATINUM
Optional pregnancy limits (for each pregnancy)				
• £5,000: €5,000: US\$5,000 • £10,000: €10,000: US\$10,000 • £20,000: €20,000: US\$20,000	• £5,000: €5,000: US\$5,000 • £10,000: €10,000: US\$10,000 • £20,000: €20,000: US\$20,000	• £5,000: €5,000: US\$5,000 • £10,000: €10,000: US\$10,000 • £20,000: €20,000: US\$20,000	• £5,000: €5,000: US\$5,000 • £10,000: €10,000: US\$10,000 • £20,000: €20,000: US\$20,000	• £5,000: €5,000: US\$5,000 • £10,000: €10,000: US\$10,000 • £20,000: €20,000: US\$20,000
Full Refund within the applicable pregnancy limit				
Full Refund within the applicable pregnancy limit				
Limited to £100: €100: US\$100 each night up to a maximum of 30 nights	Limited to £100: €100: US\$100 each night up to a maximum of 30 nights	Limited to £100: €100: US\$100 each night up to a maximum of 30 nights	Limited to £100: €100: US\$100 each night up to a maximum of 30 nights	Limited to £100: €100: US\$100 each night up to a maximum of 30 nights

| Optional dental treatment limits |
|---|---|---|---|---|
| • £1,000: €1,000: US\$1,000
• £2,000: €2,000: US\$2,000 | • £1,000: €1,000: US\$1,000
• £2,000: €2,000: US\$2,000 | • £1,000: €1,000: US\$1,000
• £2,000: €2,000: US\$2,000 | • £1,000: €1,000: U\$\$1,000
• £2,000: €2,000: U\$\$2,000 | • £1,000: €1,000: US\$1,000
• £2,000: €2,000: US\$2,000 |
| Limited to the overall dental limit and subject to a 10% co-insurance | Limited to the overall dental limit and subject to a 10% co-insurance | Limited to the overall dental limit and subject to a 10% co-insurance | Limited to the overall dental limit and subject to a 10% co-insurance | Limited to the overall dental limit and subject to a 10% co-insurance |
| Limited to the overall dental limit and subject to a 30% co-insurance | Limited to the overall dental limit and subject to a 30% co-insurance | Limited to the overall dental limit and subject to a 30% co-insurance | Limited to the overall dental limit and subject to a 30% co-insurance | Limited to the overall
dental limit and subject to
a 30% co-insurance |
| Limited to the overall dental limit and subject to a 50% co-insurance | Limited to the overall dental limit and subject to a 50% co-insurance | Limited to the overall dental limit and subject to a 50% co-insurance | Limited to the overall dental limit and subject to a 50% co-insurance | Limited to the overall
dental limit and subject to
a 50% co-insurance |
| Limited to £250: €250:
US\$250 within the overall
dental treatment limit | Limited to £250: €250:
US\$250 within the overall
dental treatment limit | Limited to £250: €250:
US\$250 within the overall
dental treatment limit | Limited to £250: €250:
US\$250 within the overall
dental treatment limit | Limited to £250: €250:
US\$250 within the overall
dental treatment limit |
| Full Refund within overall policy limit £1,000,000: €1,000,000: US\$1,000,000 | Full Refund within overall policy limit £2,000,000: €2,000,000: US\$2,000,000 | Full Refund within overall policy limit £3,000,000: €3,000,000: US\$3,000,000 | Full Refund up to the overall policy limit | Full Refund up to the overall policy limit |

The following words or phrases have the meanings given below wherever they appear in this document, **Certificate of Insurance** and **Endorsements**.

A sudden, unexpected or unforeseen event resulting in an identifiable physical injury to an **insured person**.

ACCIDENTAL DAMAGE TO TEETH

An accidental injury to **sound natural teeth** which have been lost, damaged or dislodged.

ACUTE

A **medical condition** that is likely to respond quickly to **treatment** which aims to return **you** to the state of health **you** were in immediately before suffering the disease, illness or **accident**, or which leads to **your** full recovery.

Any consultation or discussion with a **medical practitioner** or **specialist**, including check-ups and the issue of any prescriptions (including repeat prescriptions).

APPLIANCE

Prosthetic or surgical appliance required as an integral, vital part of **treatment**. We will pay for a spinal support, knee brace or air cast or any other similar **appliance** when confirmed as **medically necessary** and an essential part of a surgical operation or **treatment**.

AFFECTED AREA(s)

Any and all countries, states, provinces, territories, cities or other areas experiencing ongoing transmission of an epidemic, pandemic or other disease outbreak, or natural disaster.

APPLICATION/APPLICATION FORM

The document submitted to **us** by the **policyholder** that forms part of the application process for acceptance onto this **policy**, including any amendments and accompanying information.

APPOINTED MEDICAL PRACTITIONER

A medical practitioner chosen by us to advise us on your medical condition and need for the evacuation or repatriation service.

AREA OF COVER

The area to which **your** cover is restricted. The available areas are as defined below and **your** selection will be specified on **your**

Certificate of Insurance.

- Area 1 Europe (see back page)
- Area 2 Worldwide excluding United States of America and any USA territories
- Area 3 Worldwide If **you** are a USA passport holder, and **you** select this area, **your** cover in the USA will be restricted to the first ninety (90) days in aggregate spent there during any one (1) **policy** year

BIRTH INJURY

A deformity or **medical condition** which is caused during childbirth.

CERTIFICATE OF INSURANCE

The certificate giving details of the **policyholder**, the **insured** persons, the period of cover, the date of entry and the level of cover and any **endorsements** that may apply.

CHIROPODIST

A practising **chiropodist** who is registered and legally licensed to practise chiropody in the country where **treatment** is provided.

CHRONIC

A medical condition which has at least one (1) of the following characteristics:

- It continues indefinitely and has no known cure
- It comes back or is likely to come back
- It is permanent
- You need to be rehabilitated or specially trained to cope with it
- It needs long-term monitoring, consultations, check-ups examinations or tests
- It needs ongoing or long-term control or relief of symptoms

COMMENCEMENT DATE

The date shown on the **Certificate of Insurance** on which the cover provided by this **policy** starts.

COMPLEMENTARY TREATMENT

Therapeutic and diagnostic **treatment** that exists outside the institutions where conventional medicine is taught. Such medicine includes chiropractic **treatment**, osteopathy, homeopathy, dietician and acupuncture **treatment** as practiced by approved therapists.

COMPLICATIONS OF PREGNANCY

Complications of pregnancy covered under this policy are: preeclampsia, miscarriage, threatened miscarriage, gestational diabetes, when the foetus has died and remains with the placenta in the womb, stillbirth, heavy bleeding in the hours and days immediately after childbirth (postpartum haemorrhage), afterbirth left in the womb after delivery of the baby (retained placental membranes) and complications following any of the above conditions.

The percentage of the total value of incurred expenses for which the **insured person** is responsible. Any **policy excess** must be satisfied before the **co-insurance** becomes effective / is applied.

CONGENITAL ANOMALY (Birth Defects)

An intra-uterine development of an organ or structure that is abnormal with reference to form, structure or position.

CORRECTIVE DEVICE

A device for treating a **medical condition**, for example a CPAP machine or a wearable defibrillator such as a life vest

COUNTRY OF NATIONALITY

The country for which **you** are a passport holder.

COUNTRY OF RESIDENCE

The country in which **you** normally live at the time of the commencement date or at each subsequent renewal date.

DATE OF ENTRY

The date shown on the **Certificate of Insurance** on which an **insured** person was first covered under this policy.

An **insured person** who is admitted to a **hospital** bed in a ward, **semi-private** or **private room** because they need a period of medical supervision but does not need to remain in **hospital** overnight.

DENTAL PRACTITIONER

A person who is registered and is legally licensed to practise dentistry in the country where **treatment** is provided.

DEPENDANTS

A spouse or adult partner and/or unmarried children, step-children, legally adopted children and foster children who are under 25 years of age, permanently living with **you** or in full-time education. Children will be accepted from birth, provided that **we** receive notification of their arrival within thirty (30) days from birth. Notification received after this period will result in children being accepted for cover from the date of such notification.

DEFINITIONS (continued)

ELECTIVE CAESAREAN

A caesarean section operation for delivery of a baby, which is not as a result of medical intervention, necessity or recommendation.

The sudden onset of a serious and unexpected acute medical **condition** or injury requiring immediate medical **treatment**, that without **treatment** commencing within 24 hours of the **emergency** event could result in death or serious damage to bodily function.

ENDORSEMENT

Any change to terms and conditions agreed by **us** that can extend or restrict cover.

EPIDEMIC

The occurrence of more cases of disease than expected in a given area or among a specific group of people over a particular period of time.

EVACUATION OR REPATRIATION

Moving **you** to another **hospital** which has the necessary medical facilities either in the country where **you** are taken ill or in another nearby country (evacuation) or bringing **you** back to **your** principal **country of residence** or **your** home country (repatriation). The service includes any **medically necessary treatment** administered by the international assistance company appointed by **us** whilst they are moving you.

EXPERIMENTAL

Any treatment that includes completely new and/or untested drugs, procedures or services, or the use of which is for a purpose other than the use for which they have previously been approved by the regulatory body in the country where you are receiving treatment; new drug procedures or service combinations; and/or alternative therapies which are not internationally accepted standards of current medical practice. In the absence of demonstrable regulatory approval of a drug, procedure or service in the country where **treatment** is being obtained, the drug, procedure or service must have been approved by the U.S. Food and Drug Administration (FDA).

EXTERNAL PROSTHESIS

An artificial device that replaces a missing body part and is worn externally.

FOETAL SURGERY

Treatment given or undertaken on a foetus whilst in the womb.

GLOBAL TRAVEL WARNING

A published statement, warning or advisory, including any website document, issued by Public Health England, European Centre for Disease Prevention & Control, United States Centers for Disease Control & Prevention (CDC), United States Department of State, or United States Bureau of Consular Affairs or similar government or non-governmental agency in the insured person's country of residence or host country, warning that any global travel (travel anywhere) should be reconsidered or avoided as it poses serious risks to health, safety and security or exposes the **insured person** to a greater likelihood of life-threatening risks. When multiple government or non-government agencies have issued different levels of warnings or advisories, the highest warning or advisory applicable to the insured person's country of residence or **host country** will apply. For the avoidance of doubt, a **global travel** warning covers all affected areas.

GUARANTEE OF PAYMENT

A formal notice provided by the claims handlers, to guarantee the payment of an agreed invoice cost to a medical practitioner, **specialist** or **hospital** subject to any **policy** terms and conditions specified.

HOSPICE

An establishment which is legally licensed as a hospice or hospital under the laws of the country in which it is located where palliative end of life care is provided.

HOSPITAL

An establishment which is legally licensed as a medical or surgical **hospital** under the laws of the country in which it is located.

HOST COUNTRY

The country or countries other than the **country of residence** that the insured person is travelling to/in.

HORMONE REPLACEMENT THERAPY (HRT)

Treatment prescribed for the sole purpose of treating the menopause.

An **insured person** who is admitted to a **hospital** bed in a ward, semi-private or private room and out of medical necessity is required to stay for one (1) or more nights.

INSURED PERSON/YOU/YOUR

You and/or the dependants named on the Certificate of Insurance who are covered under this **policy**.

INTENSIVE CARE

Treatment in a defined intensive care unit, intensive therapy unit, high dependency unit or coronary care unit, which provides constant monitoring after surgical operation or illness.

In-vitro fertilisation. A cycle is the removal of the egg, fertilisation and then the implantation of the embryo into the womb of an **insured** person

LIFE EVENT

Any of the following:

- The birth of a baby
- A new spouse/adult partner living with you
- · A child of the new spouse/adult partner
- A step-child living with **you**
- Legal adoption of a child
- Fostering of a child

For the duration of **your** life, whilst **you** are an **insured person** with **us**.

KIDNEY DIALYSIS (Haemodialysis)

Treatment that filters and purifies the blood using a dialysis machine.

MEDICAL CONDITION Any accident, injury, illness or disease, including psychiatric illness. **MEDICAL PRACTITIONER**

A legally licensed doctor, physician or **specialist** recognised by the law of the country where **treatment** is provided and who, in rendering such **treatment**, is practising within the scope of his/her licensing and training, and who holds primary degrees in medicine or surgery as recognised by the World Health Organisation.

MEDICALLY NECESSARY/MEDICAL NECESSITY

Treatment prescribed by a **medical practitioner** or **specialist** necessary to evaluate, diagnose or treat a **medical condition** or its symptoms which is deemed to be appropriate for **your medical condition** and is not considered to be **experimental**, unlicensed or unproven, which as determined by **us** is:

- in accordance with generally accepted and published standards of medical practice, as determined by us where necessary
- clinically appropriate, in terms of type, frequency, extent, site and duration and thought to be effective for the patient's medical condition
- not primarily for the patient's or **specialist's** convenience
- no more costly than an alternative service(s), at least as likely to produce the same therapeutic or diagnostic results
- received through an appropriate medical facility and admission type, for example, in-patient, day-patient or out-patient

We do not pay for **treatment**, which in **our** view, does not fall within this definition or is being undertaken solely at **your** request.

MEMRER

A person covered by this **policy**.

MEDICATION

Drugs, medicines and dressings (including prostheses when used as an integral part of a surgical procedure) prescribed by a **medical practitioner** or **specialist** and used in accordance with the prescription. This also includes consumables used in an operating theatre and/or **hospital** admission.

NATURAL DISASTER

Widespread disruption of human lives by disasters such as flood, drought, tidal wave, fire, hurricane, earthquake, windstorm, or other storm, landslide, or other natural catastrophe or event resulting in migration of the human population for its safety. The occurrence must be a disaster that is due entirely to the forces of nature and could not reasonably have been prevented.

NEWBORN

A **newborn** infant, or neonate, is a child under the age of thirty (30) days.

NON-DISCLOSURE/MISREPRESENTATION

Any **pre-existing medical condition** misrepresented or not disclosed, revealed, listed or otherwise made known on the **application** or any subsequent claim form.

ONCOLOGY

The field of medicine devoted to cancer **treatment** including the use of medicines (immunotherapy/chemotherapy), surgery and radiation (radiotherapy).

ORGAN TRANSPLANT

The surgical procedures to perform a transplant of an organ.

ORTHODONTIC

Affecting structure, function, development or appearance of teeth, upper or lower jaw or oral cavity.

OUT-PATIENT

An **insured person** who receives **treatment** but who is not required to be admitted to a **hospital** bed.

PALLIATIVE TREATMENT

Treatment given to an **insured person**, the primary purpose of which is only to offer temporary relief of symptoms, rather than to cure, stop, reverse or delay progression of the **medical condition** causing the symptoms.

PATHOLOGY

Tests carried out to help determine or assess the nature of disease and the changes in structure and functions brought about by disease.

PANDEMIC

A global outbreak of a disease and declared as such by the World Health Organization (WHO).

PERIOD OF COVER/EACH YEAR

The period of time for which cover is provided. This is specified on the **Certificate of Insurance**. This will normally be a twelve (12) month period starting from the **commencement date** or **renewal date**.

PHYSIOTHERAPIST

A person who is qualified to practice physiotherapy, has full registration under the Medical Acts specialising in physiotherapy and is registered and legally licensed in the country where **treatment** is provided.

PODIATRIST

A practising **podiatrist** who is registered and legally licensed to practice podiatry in the country where **treatment** is provided.

POLICY

The contract which details the level of cover provided. The **Application Form, Certificate of Insurance** and this Policy Wording incorporating the **policy** terms and conditions form the contract.

POLICY EXCESS

The specified monetary amount payable by an **insured person** in respect of expenses incurred before any benefit is paid under this **policy**. The **policy excess** applies per person per **policy** year and is applied to **in-patient**, **day-patient** and **out-patient** medical and associated expenses only. The **policy excess** does not apply to **'Evacuation or Repatriation'** benefit, well-being, vaccinations, optical or the optional benefits 'Routine Pregnancy & Childbirth' and 'Dental Treatment' when selected.

POLICYHOLDER

The person, entity or company with whom **we** have contracted this **policy** and who is principally responsible for payment of the **premiums**, including any **sub-groups** who are also covered by this **policy**.

PRE-AUTHORISATION/PRE-AUTHORISED

A service provided by the claims handlers, to a claimant to confirm **policy** cover before committing to any costs or **treatment**.

PREMIUM

The payment due to activate and maintain your policy during your period of cover. Premiums can either be payable monthly, quarterly or annually and are due to be paid on or before the commencement date or renewal date. However, as your policy is an annual contract you are responsible for the whole year's premium even if we have agreed that you may pay by a monthly or quarterly premium. Failure to make payment may result in suspension of cover or termination of the policy without notice.

PRIVATE ROOM

A standard single room in a **hospital** with a private bathroom and for the exclusive use of a patient. Cover is for a standard **private room** only. Suites, VIP, premium, deluxe, executive **private rooms** (or similar) are not covered.

PRE-EXISTING

Any **medical condition** for which, within the five (5) years prior to your **date of entry** as shown on **your Certificate of Insurance**, **you**:

- a. had experienced and or suffered from any signs or symptoms, whether investigated or not;
- b. had sought or received **advice**;
- c. had been recommended to have or had received medical treatment, including lifestyle changes and special diets, drugs, medication and injections; or
- d. to the best of **your** knowledge, **you** were aware **you** had.

PREFERRED PROVIDER ORGANISATION (PPO) NETWORK

An independent organisation, who **we** maintain a contractual arrangement with, that have established and maintained networks of USA based **medical practitioners**, **hospitals** and other healthcare and health service providers who are contracted separately and directly with the **PPO Network** and who may provide re-pricings, discounts or reduced charges for **treatment** or supplies provided to **you**. Refer to **your** membership card which references the **PPO Network**.

PROFESSIONAL SPORTS

Engaging in or training in any sport or activity for which a salary or monetary payment is received, including grants or sponsorship (unless these are travel costs only). This includes players, trainers and coaches.

PSYCHIATRIC ILLNESS

Treatment of a mental disorder carried out by a clinical psychologist/psychiatrist. A disorder which affects the mind, mental function or emotions associated with present distress, or substantial impairment of the individual's ability to function in a major life activity (e.g. employment). The aforementioned condition must be clinically significant and not merely an expected response to a particular event such as bereavement, relationship or academic problems and acculturation. The disorder must meet the criteria for classification under an international classification system such as Diagnostic and Statistical Manual (DSM-IV) or the International Classification of Diseases (ICD-10).

QUALIFIED NURSE

A nurse whose name is currently on any register or roll of nurses maintained by any statutory nursing registration body, within the country where **treatment** is provided.

PUBLIC HEALTH EMERGENCY OF INTERNATIONAL CONCERN

A formal declaration by the World Health Organization (WHO) of an extraordinary event which is determined to constitute a public health risk through the international spread of disease, **epidemic**, **pandemic** and potentially requires a coordinated international response.

REASONABLE AND CUSTOMARY

Charges which are, based upon all the information and data available to **us**, not excessive for the type of **treatment** provided, in the location received and given by the specific treating **medical practitioner**.

Note that, in certain circumstances, **we** will have agreed charges with specific **hospitals** or medical facilities for particular procedures and accommodation and that this data will be considered by **us** as part of determining what is a **reasonable and customary** charge.

We may verify the fees with a government health department or other independent third party if necessary.

RECONSTRUCTIVE SURGERY

Surgery that is **medically necessary** to restore function or appearance after a disfiguring **accident** or as a result of an eligible **medical condition**.

REHABILITATION

Treatment given with the aim of restoring health and mobility after injury or illness to a state in which an **insured person** can be self-sufficient.

REIMBURSEMENT

A process provided by the claims handlers, to repay to claimants any sums paid by them in respect of eligible claims under this **policy**.

RENEWAL DATE

Twelve (12) calendar months from the **commencement date** or from the previous **renewal date**.

RESIDENTIAL CARE

Care provided for people who may need assistance with day-to-day tasks such as washing or dressing but don't require more specialist nursing care or support; also described as assisted living facilities, board and care homes, or rest homes.

ROUTINE PREGNANCY

A healthy, uncomplicated pregnancy, followed by a routine vaginal delivery, assisted vaginal delivery or an **elective caesarean**.

SEMI-PRIVATE ROOM

A standard room in a **hospital** which is not exclusive and which may be shared with other patients. Suites, VIP, premium, deluxe, executive rooms (or similar) are not covered.

SOUND NATURAL TEETH

A **sound natural tooth** that is free of active clinical decay, has no gum disease associated with bone loss, no caps, crowns, or veneers, that is not a dental implant and that functions normally.

SPECIALIS'

A **medical practitioner** who (1) holds a substantive consultant appointment in the relevant speciality in a National Health Service **hospital**, or (2) has held a substantive consultant appointment which **we** accept as being of equivalent professional status, or (3) is recognised as such by the statutory bodies of the relevant country in which **treatment** is being given.

SUB-GROUP

An entity or company related to the **policyholder** and insured by the same **policy**.

TERRORISM

An act, including for example the use of force or violence and/or the threat thereof, of any person or group(s) of persons, whether acting alone or on behalf of or in connection with any organisation(s) or government(s), committed for political, religious, ideological or similar purposes including the intention to influence any government and/or to put the public, or any section of the public, in fear.

TRAVEL WARNING/EMERGENCY TRAVEL ADVISORY

A published statement, warning or advisory, including any website document, issued by Public Health England, European Centre for Disease Prevention & Control, United States Centers for Disease Control & Prevention (CDC), United States Department of State or United States Bureau of Consular Affairs or similar government or nongovernmental agency in the insured person's country of residence or host country, warning that travel to affected areas should be reconsidered or avoided as it poses serious risks to health, safety and security or exposes the insured person to a greater likelihood of life-threatening risks. When multiple government or non-government agencies have issued different levels of warnings or advisories, the highest warning or advisory applicable to the insured person's country of residence or host country will apply.

TREATMENT

Any **medically necessary** surgical procedure or medical intervention required to evaluate, monitor, diagnose, relieve, cure or provide relief of a **medical condition**.

WE/OUR/US

à la carte healthcare limited trading as ALC Health, London Global S.r.l trading as à la carte healthcare on behalf of SiriusPoint International Insurance Corporation, as the Underwriters of this **policy** as detailed in the **Certificate of Insurance** and/or any appointed claims handlers, agents or managers.

The following exclusions apply to **In-patient & Day-patient Treatment**. As well as General Exclusions, **we** do not cover the following:

1 In-patient and day-patient treatment

any costs not incurred as an **in-patient** or **day-patient** in a **hospital** or recognised medical facility except for home nursing.

2 Routine pregnancy & childbirth

any costs associated with **routine pregnancy** & childbirth, unless 'Routine Pregnancy & Childbirth' has been selected.

3 Dental treatment

any costs associated with any form of dental **treatment**, unless 'Dental Treatment' has been selected (including gingivitis, periodontics or gum disease of any kind).

4 Policy excess

the **policy excess** specified on the **Certificate of Insurance** for all eligible expenses incurred for each **insured person** per **policy year**.

5 Organ transplants

- (a) any costs incurred:
 - (i) in locating a replacement organ or obtaining a donor organ;
 - (ii) for the removal of the organ from the donor;
 - (iii) transportation costs; and
 - (iv) all associated administration costs relating to organ transplants:
- (b) costs of removing an organ from **you** to transplant into another person; and
- (c) any resulting complications from (b) above.

Complications of pregnancy

any cost relating to **complications of pregnancy** incurred during the initial ten (10) months of cover. Conception may take place during this initial period, but only costs incurred after the period will be considered for **reimbursement**.

' IVF

(applicable to Platinum)

- (i) any costs incurred under the **IVF** benefit during the initial ten (10) months of cover.
- (ii) any costs incurred under the IVF benefit where the medical reason why you are unable to conceive naturally is diagnosed prior to your date of entry.
- (iii) any costs incurred for anyone under the age of eighteen (18) or over the age of fifty-four (54).

(applicable to Gold, Silver, Bronze Plus and Bronze) any form of assisted reproduction.

8 Newborn baby – Premature Birth (applicable to Platinum)

- (i) after thirty (30) days from birth, **we** will exclude any medical condition which developed during the first thirty (30) day period following **treatment** of any **newborn** child, born from natural conception, where the birth/delivery took place prior to thirty-seven (37) weeks gestation.
- (ii) after thirty (30) days from birth, we will exclude any medical condition which developed during the first thirty (30) day period following treatment of any newborn child, born from assisted reproduction which was covered under the 'IVF' benefit, where the birth/delivery took place prior to thirtyseven (37) weeks gestation.
- (iii) all **treatment** of any **newborn** child born following assisted reproduction (e.g. **IVF**) which was not covered by **us** when birth/delivery takes place prior to thirty-seven (37) weeks gestation.

(applicable to Gold and Silver)

- (i) after thirty (30) days from birth, we will exclude any medical condition which developed during the first thirty (30) day period following treatment of any newborn child, born from natural conception, where the birth/delivery took place prior to thirty-seven (37) weeks gestation.
- (ii) all **treatment** of any **newborn** child born following assisted reproduction (e.g. **IVF**) when birth/delivery takes place prior to thirty-seven (37) weeks gestation.

(applicable to Bronze Plus and Bronze)

for **treatment** of a **newborn** child when birth/delivery takes place prior to thirty-seven (37) weeks gestation.

Out-patient Treatment

The following exclusions apply to **Out-patient Treatment**. As well as General Exclusions, **we** do not cover the following:

1 Routine Pregnancy & childbirth

any costs associated with routine pregnancy & childbirth, unless 'Routine Pregnancy & Childbirth' has been selected.

2 Dental treatment

any costs associated with any form of dental **treatment**, (including gingivitis, periodontics or gum disease of any kind), unless Dental Treatment has been selected or **treatment** is covered under **'Emergency** Dental Treatment – **Accidental Damage to Teeth'** or **'Emergency** Accidental Dental Treatment – Pain Relief'. If Dental **Treatment** option has been selected **'Emergency** Dental **Treatment** – **Accidental Damage to Teeth'** or **'Emergency** Accidental Dental Treatment – Pain Relief' is not applicable. Any benefits payable will be paid under the Dental Treatment Benefit.

3 Policy excess

the **policy excess** specified on the **Certificate of Insurance** for all eligible expenses incurred for each **insured person** per **policy year**.

4 Second opinions

any second or subsequent medical opinions from a **medical practitioner** or **specialist** for the same **medical condition**, unless agreed in writing by **us**.

5 Foot Treatments

any **treatment** for cosmetic pedicures, surgical footwear, for example, corrective footwear, corn plasters, insoles, dressings etc.

6 Well-being

(applicable to Platinum, Gold and Silver)

any costs incurred under the Well-being benefit during the initial ten (10) months of cover.

(applicable to Bronze Plus and Bronze)

any costs under the Well-being benefit.

Hormone Replacement Therapy (HRT) (applicable to Platinum and Gold)

- treatment for hormone replacement therapy except when administered for the sole purpose of treating the menopause.
- (ii) treatment for hormone replacement therapy where the date of diagnosis has taken place prior to your date of entry.

(applicable to Silver, Bronze Plus and Bronze)

any treatment for hormone replacement therapy.

Evacuation or Repatriation

The following exclusions apply to **Evacuation or Repatriation**. As well as General Exclusions, we do not cover the following:

- travel and subsequent accommodation costs unless specifically agreed by **us**, or **our** appointed assistance company, in writing prior to travel. Any costs incurred without **our** prior agreement shall not be considered for **reimbursement**.
- 2 the cost of any airline tickets other than economy class, unless we have provided written approval in advance of the date of travel.
- burial and cremation costs shall not include the costs of a religious practitioner, floral tributes, musical provision, headstones or food and beverages.
- 4 any costs incurred where the death has occurred within the insured person's country of nationality.
- any costs incurred as a result of engaging in any sports or activity as a professional or taking part in base jumping, cliff diving, flying in an unlicensed aircraft or as a learner, martial arts, free climbing, mountaineering with or without ropes, scuba diving to a depth of more than ten (10) metres, trekking to a height of over two thousand five hundred (2,500) metres, bungee jumping, canyoning, hangliding, paragliding or microlighting, parachuting, potholing, skiing off-piste or any other winter sports activity carried out off-piste.
- 6 moving **you** from a ship, oil-rig platform or similar off-shore location.
- 7 we will not be liable in respect of the overseas evacuation or repatriation service for:
 - a any failure to provide the overseas **evacuation or repatriation** service or for any delays in providing it, unless the failure or delay is caused by **our** negligence (including that of the international assistance company **we** have appointed to act for **us**), or of agents appointed by either party.
 - b failure or delay in providing the overseas **evacuation or repatriation** service if:
 - by law the overseas evacuation or repatriation service cannot be provided in the country in which it is needed; or
 - the failure or delay is caused by any reason beyond our control including, for example, strikes and flight conditions.
 - c injury or death caused while **you** are being moved unless it is caused by **our** negligence or the negligence of anyone acting on **our** behalf.

Routine Pregnancy & Childbirth

(Optional Benefit under **Platinum**, **Gold**, Silver, **Bronze Plus** and **Bronze**)

If Routine Pregnancy & Childbirth has been selected the following exclusions will apply to this benefit in addition to General Exclusions. **We** do not cover the following:

- any costs incurred during the initial ten (10) months of cover from purchase date of this benefit or **date of entry**, whichever is the latter. Conception may take place during this initial period, but only costs incurred after the period will be considered for reimbursement.
- 2 antenatal and postnatal classes, and non-medical practitioners for example, Doulas, Coaches, Nannies etc.
- 3 any pre or postnatal check-ups when not performed by a midwife, obstetrician or medical practitioner.
- 4 **treatment** consequent from the well-baby examination, unless the **newborn** is added within thirty (30) days of birth to the **policy** as an **insured person**.
- 5 antenatal 3D and 4D ultrasound scans.
- 6 any costs incurred for anyone under the age of 18 or over the age

Dental Treatment

(Optional Benefit under **Platinum**, Gold, Silver, Bronze Plus and Bronze)

If Dental **Treatment** has been selected the following exclusions will apply in addition to General Exclusions. **We** do not cover the following:

- 1 dental costs incurred during the initial six (6) months from the purchase date of this benefit or date of entry whichever is the latter (excluding Accidental Damage caused to sound natural teeth).
- 2 dental procedures other than those specified in 'The Cover' section.
- 3 gingivitis, periodontitis or gum disease of any kind.
- the cost of any precious metals (excluding gold) used in any dental procedure.
- any dental **treatment** which was recommended by **your dental practitioner** or that **you** were aware (or ought reasonably to have been aware) required **treatment** before **you** purchased this benefit or during the first six (6) months of **your** purchase of this benefit. In the event of a claim, **you** may be required to provide evidence that **you** have completed all necessary dental work recommended prior to **your** purchase of this benefit.
- dental surgery when not performed by an oral and maxillofacial surgeon or surgical dentist.
- 7 dentures where a set or sets have been worn previously.
- 8 sealants and fluoride treatment.
- 9 any **co-insurance** applicable prior to **reimbursement** of costs.

GENERAL EXCLUSIONS

These exclusions apply to the whole of this insurance. In addition, each 10 **Congenital anomalies** section also has its own exclusions.

Activities (Sporting, recreational or adventure activities)

any **medical condition** sustained while participating in any sporting, recreational or adventure activity where such activity is undertaken against the advice or direction of any local authority or any qualified instructor or contrary to the rules, recommendations and procedures of a recognised governing body for the sport or activity.

any treatment costs incurred as a result of engaging in any of the following activities: base jumping, cliff diving, flying in an unlicensed aircraft or as a learner, martial arts, free climbing, mountaineering with or without ropes, scuba diving to a depth of more than ten (10) metres, trekking to a height of over two thousand five hundred (2,500) metres, bungee jumping, canyoning, hangliding, paragliding or microlighting, parachuting, potholing, skiing off-piste or any other winter sports activity carried out off-piste.

Addictions/Misuse of substances

treatment for dependency on or abuse or misuse of alcohol, drugs or any other addictive substances, and addictive conditions of any kind. This includes misuse of prescription medications, and any injury or illness arising directly or indirectly from such abuse, misuse or addiction.

Administrative costs

costs relating to the completion of claim forms and any other documents, or any other administration or registration costs.

costs of providing or fitting any **appliances** (except where covered as shown under the definition appliance).

Birth control

investigations, diagnostics and treatment directly or indirectly arising from or connected with male or female birth control (including insertion and removal of contraceptive devices, treatment for sterilisation, vasectomy and all other contraceptives), even when medically recommended.

Body modification

treatment for any illness, diseases or injuries arising from any form of body modification. This includes, for example, body piercing, tattooing and hair removal.

Chemical exposure and contamination

treatment directly or indirectly arising from or required as a result of chemical or biological contamination or contamination by radioactivity from any nuclear material whatsoever or from the combustion of nuclear fuel, asbestosis or any related condition. Costs directly or indirectly resulting from the use of nuclear, chemical, biological or radioactive material as a weapon, whether such involves an explosive sequence(s) or not.

the percentage of any eligible claim that **you** must pay as shown in the **policy**. If **you** have a **policy excess** this must be satisfied prior to any co-insurance being applied.

Complications of Pregnancy

any costs associated with **complications of pregnancy** unless requiring admission to **hospital** as a **day-patient** or **in-patient** and where eligible under the 'Complications of Pregnancy' benefit.

(applicable to Platinum, Gold and Silver)

congenital anomalies (except where covered under Newborn Cover – Congenital), genetic deformities/disorders or birth injuries.

(applicable to Bronze Plus and Bronze)

congenital anomalies, genetic deformities/disorders or birth injuries.

Corrective devices

costs of providing or fitting any corrective devices.

Cosmetic treatment

cosmetic **treatment** whether or not for medical or psychological purposes, and any associated **treatment** costs consequent of such treatment.

13 **Criminal acts**

any **treatment** arising from or related to injuries sustained whilst engaged in a criminal, illegal or unlawful act.

- (i) the provision of hearing aids
- (ii) **treatment** for, or arising from, deafness caused by ageing.

Developmental delays/disorders

developmental delays/disorders including learning delay/ disorders, learning difficulties, behavioural, speech and voice problems as well as physical development problems.

treatment for conditions such as conduct disorder, attention deficit hyperactivity disorder, autism spectrum disorder, oppositional defiant disorder, antisocial behaviour, obsessivecompulsive disorder, obsessive-compulsive personality disorder, attachment disorder, adjustment disorders, as well as all **treatments** that encourage positive social-emotional relationships, such as communication therapies, floor time and family therapy.

Eating disorders

any **treatment** of, or related to, or caused by, eating disorders of any kind. This includes for example, the **treatment** of conditions such as anorexia nervosa, bulimia, and any treatment required for any condition caused as a result of such conditions.

18 Excluded conditions – complications arising from

expenses incurred because of complications directly caused by an illness or injury, for which cover is excluded or limited under your policy.

Excluded procedures

treatment for any illness, diseases or injuries arising from treatment or other medical procedures not covered under

20 Exercise programmes

cost for any exercise programme, whether or not prescribed or recommended by a medical practitioner.

Experimental, unlicensed or unproven

experimental, unlicensed or unproven treatment, regardless of whether they are medically recommended or prescribed.

External Prostheses

(applicable to Gold, Silver, Bronze Plus and Bronze) costs of providing or fitting any external prostheses.

Failure to seek medical advice

treatment required as a result of failure to seek or follow medical advice.

GENERAL EXCLUSIONS (continued)

Foetal surgery

treatment given or undertaken on a foetus whilst in the womb.

Gender reassignment

gender reassignment, gender confirmation, any associated **medical conditions** and the costs consequent of such treatment, diagnostics or investigations.

Genetic

costs related to genetic medicine, genetic testing, surveillance testing and/or wellness screening procedures for genetically predisposed conditions indicated by genetic medicine or genetic testing, including, but not limited to amniocentesis, genetic screening, risk assessment, preventive and prophylactic surgeries recommended by genetic testing, and/or any procedures used to determine or prevent genetic predisposition, provide genetic counselling, or administration of gene therapy, except where **medically necessary** to establish targeted cancer treatment eligible under the Oncology benefit.

Hair loss and replacement

investigations into and **treatment** solely relating to the loss of hair and any hair replacement. Wigs are not covered except under the **Oncology out-patient** benefit.

Health hydros

treatment received in health hydros, nature cure clinics, spas or similar establishments, or treatment for residential care or private beds registered as a nursing home attached to facilities such as **hospices**, **hospitals** or **residential care** homes, where the facility has effectively become the **insured person's** home or permanent abode or where admission is arranged wholly or partly for domestic reasons.

HIV/AIDS

(applicable to Platinum and Gold)

- (i) **treatment** arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV related illness, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related Complex (ARC) unless contracted via a blood transfusion for an eligible **medical condition** or an accidental needle prick whilst working for the medical services.
- (ii) **treatment** arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV related illness, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related Complex (ARC) where contracted prior to your date of entry. You will be required to provide evidence that **you** contracted the virus whilst insured with **us** and the virus was not contracted prior to your date of entry.

(applicable to Silver, Bronze Plus and Bronze)

treatment arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV related illness, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related Complex (ARC).

Home visits

home visits, unless they are **medically necessary** following the sudden onset of an **acute** eligible illness, which renders the insured incapable of visiting their **medical practitioner**. The medical practitioner's visit must take place within twenty-four (24) hours of the start of the condition.

Infertility

(applicable to Platinum)

any form of infertility and any form of assisted reproduction except as covered under the IVF benefit.

(applicable to Gold, Silver, Bronze Plus and Bronze) any form of infertility.

32 Late submission of claims

- (i) claims submitted must be received by **us** within six (6) months of the **treatment** date. Any invoices received by **us** after this date will not be paid unless **we** deem that it was not reasonably possible for the claim to be submitted within six (6) months.
- (ii) any invoices received by **us** more than twelve (12) months after the **treatment** date will not be eligible for payment.

33 **Living Tissues Treatments**

treatment for cryopreservation, implantation or reimplantation of living cells or living tissue, whether autologous or provided by a donor. Costs of removing living cells or living tissues from **you** to implant or re-implant into another person, and any related complication due to such a procedure.

Medically necessary

treatment which is not medically necessary.

Military

any **medical condition** sustained whilst on active service in the military in time of war (whether declared or not) or under orders for war-like operations, or restorations of public orders, or as a result of any military training exercise.

Natural supplements or substances

claims for any supplements or substances which are available naturally. This includes, for example, vitamins, minerals and organic substances, except where prescribed under Complementary Treatment or when prescribed by a specialist or medical practitioner to treat an eligible medical condition.

Needless danger

costs which arise from or are directly or indirectly caused by self-exposure to needless danger, except in an attempt to save a human life.

Non-disclosure/Misrepresentation

any costs resulting from non-disclosure or misrepresentation.

Non-prescription medication/Over-the-counter products

- (i) drugs and medicines purchased without prescription from a specialist or medical practitioner.
- (ii) nutritional supplements and any drugs, medicines or products that can be obtained without prescription (i.e. overthe-counter or purchased online without prescription), even if they were medically recommended and/or prescribed or acknowledged as having therapeutic effects. This includes, for example, cough medicine, paracetamol, special infant formula, mouth wash, sunscreen and cosmetic products.

40 Outside your area of cover – treatment received

any costs incurred outside **your area of cover** other than eligible emergency treatment costs covered under the inpatient & day-patient 'Emergency Treatment Outside of Area of Cover' benefit. **We** will not cover any costs associated with curative **treatment** or follow-up of **emergency treatment** outside your area of cover or travel costs to return to your area of cover.

Outside period of cover – treatment received

treatment costs which are incurred outside of the period of **cover** or after termination of the **policy** for whatever reason, including non-renewal and non-payment of **premium**.

Overdue payment charges

charges incurred for overdue payment of invoices.

Personal choice treatment

- (i) **treatment** which may be considered a matter of personal choice or **treatment** which is primarily for the patient's or specialist's convenience.
- (ii) termination of a pregnancy when not **medically necessary** or medically recommended.

GENERAL EXCLUSIONS (continued)

44 Plastic surgery

any **treatment** carried out by a plastic surgeon, whether or not for medical/psychological purposes. **We** will consider the costs of a plastic surgeon only where, due to the nature and/or location of the **accident** or eligible **medical condition**, **we** can determine that it is standard practice and surgery can only be performed by a plastic surgeon. **Your** treating **medical practitioner** will need to provide confirmation that the same **treatment** could not be performed by another **specialist** and why a plastic surgeon is the most appropriate **specialist** to perform the surgery.

45 **Premature baby**

after thirty (30) days from birth, any medical condition which developed during the first thirty (30) day period will be excluded from cover, where the birth takes place prior to thirty-seven (37) weeks gestation.

46 **Preventative treatment**

(applicable to Platinum and Gold)

- (i) preventative **treatment** or health checks where there are no symptoms unless eligible under Well-being or Vaccinations benefit.
- (ii) tests undertaken only to detect if a person has had a specific **medical condition**, but where there are no symptoms present and/or there is no intention to treat or monitor the condition, are not covered.

(applicable to Silver)

- (i) preventative **treatment** or health checks where there are no symptoms unless eligible under Well-being benefit.
- (ii) tests undertaken only to detect if a person has had a specific **medical condition**, but where there are no symptoms present and/or there is no intention to treat or monitor the condition, are not covered.

(applicable to Bronze Plus and Bronze)

- (i) preventative **treatment** or health checks where there are no symptoms.
- (ii) tests undertaken only to detect if a person has had a specific medical condition, but where there are no symptoms present and/or there is no intention to treat or monitor the condition, are not covered.

47 **Professional sports**

treatment or diagnostic procedures of injuries arising from an engagement in **professional sports** or activities.

48 Reasonable and Customary

any costs that exceed **reasonable and customary** for the type of **treatment** provided, in the location it is received in and given by a specific **medical practitioner**.

49 Related medical practitioner

treatment when performed by a **medical practitioner** or **specialist** who is in any way related to the **insured person.**

50 Travel Warning

any medical condition caused by an epidemic, pandemic, natural disaster, public health emergency of international concern or any other disease outbreak which has resulted in a travel warning for the host country to be issued, unless the insured person has arrived in the host country or the affected area before the issuance of the travel warning. This exclusion does not apply to costs resulting from COVID-19/SARS-CoV-2.

51 **Sanctions**

we will not pay any claim under this **policy** which will result in **us** being exposed to any sanction, prohibition or restrictions under United Nations resolutions or the trade or economic sanctions, laws or regulations of the European Union, United Kingdom or United States of America.

52 Self-inflicted injury or illness

costs which arise from or are directly or indirectly caused by an attempt at suicide, suicide or bodily injury or illness, which is wilfully self-inflicted or due to negligent or reckless behaviour.

53 Sexually related conditions

investigations, diagnostics and **treatment** of impotence, sexual dysfunction or any consequence thereof or other sexually related conditions.

54 **Sexually transmitted infections**

treatment directly or indirectly associated with sexually transmitted infections, including preventative medications. Investigations and **treatment** for cancer caused by the long-term consequences of human papilloma virus infection will not be deemed sexually transmitted for the purposes of this exclusion.

55 Sleep related disorders

tests or **treatment** for all sleep related disorders such as sleep apnoea, snoring, insomnia and any other sleep related breathing problem.

56 Speech therapy

we do not cover speech therapy when related to developmental delay, dyslexia, dyspraxia, expressive language disorder or other similar conditions. **We** may consider speech therapy required due to physical impairment, such as nasal obstruction, articulation disorders involving the oral structure or brain injury when the cause is also eligible for cover.

57 **Surrogacy**

treatment directly related to surrogacy whether **you** are acting as surrogate or are the intended parent.

58 **Terrorism**

terrorism, riot, strike or civil commotion unless the **insured person** sustains bodily injury whilst as an innocent bystander.

59 Travel costs

travel costs to and from medical facilities (including parking and taxi costs) for eligible **treatment**, other than any travel costs covered under transportation or **'Evacuation or Repatriation'** benefit.

60 Travelling against medical advice

costs and expenses incurred where an **insured person** has travelled against medical **advice**.

61 Treatment not specified

treatment that is not specified under 'The Cover' or where 'Optional Benefits' have not been selected, or costs that exceed the limits stated

GENERAL EXCLUSIONS (continued)

62 Underwriting – Bronze

any **medical condition** for which, prior to **your date of entry** as shown on **your Certificate of Insurance**, **you**:

- a. had experienced and or suffered from any signs or symptoms, whether investigated or not;
- b. had sought or received advice;
- c. had been recommended to have or had received medical treatment, including lifestyle changes and special diets, drugs, medication and injections; or
- d. to the best of **your** knowledge, **you** were aware **you** had.

if **your medical condition** that existed prior to **your date of entry** is one of those shown below, **we** will also exclude **treatment** for the specified conditions as detailed in the table below:

	For medical conditions existing prior to your date of entry, if you:	We will not pay for treatment of the following specified conditions:	
	have been diagnosed with diabetes	• Diabetes • Ischaemic heart disease • Cataract • Diabetic retinopathy • Diabetic renal disease • Arterial disease • Stroke	
	are currently undergoing treatment for raised blood pressure (hypertension)	• Raised blood pressure (hypertension) • Ischaemic heart disease • Stroke • Hypertensive renal failure	
	are under investigation, having treatment or undergoing monitoring as a result of a Prostate Specific Antigen (PSA) test	• Any disorder of the prostate	

63 Underwriting - Moratorium (Mori)

any **medical condition** for which, within the five (5) years prior to **your date of entry** as shown on **your Certificate of Insurance**, **you**:

- a. had experienced and or suffered from any signs or symptoms, whether investigated or not;
- b. had sought or received advice;
- c. had been recommended to have or had received medical treatment, including lifestyle changes and special diets, drugs, medication and injections; or
- d. to the best of **your** knowledge, **you** were aware **you** had.

if **your pre-existing** condition is one of those shown below, **we** will also exclude **treatment** for the specified conditions as detailed in the table below:

For your pre-existing conditions, if you:	We will not pay for treatment of the following specified conditions:
have been diagnosed with diabetes	• Diabetes • Ischaemic heart disease • Cataract • Diabetic retinopathy • Diabetic renal disease • Arterial disease • Stroke
are currently undergoing treatment for raised blood pressure (hypertension)	• Raised blood pressure (hypertension) • Ischaemic heart disease • Stroke • Hypertensive renal failure
are under investigation, having treatment or undergoing monitoring as a result of a Prostate Specific Antigen (PSA) test	• Any disorder of the prostate

pre-existing medical conditions or specified conditions (as detailed in the table above) may become eligible for benefit after a continuous period of two (2) years cover under the **policy** provided that, having followed all medical **advice**, **you** have not:

 a. experienced and or suffered from any signs or symptoms, whether investigated or not;

- b. sought or received advice;
- been recommended to have or have received medical treatment, including lifestyle changes and special diets, drugs, medication and injections.

if you do not complete the first two (2) year period, you will have to wait until you have completed a continuous period of two (2) years when none of these apply before we consider covering your pre-existing medical condition or specified condition (as detailed in the table above). You must ensure you follow medical advice provided to you in relation to your condition, even if this means you will be unable to obtain cover.

in some circumstances **you** may have joined on different terms to those described above and **you** will find those terms on your **Certificate of Insurance**. For example, if **you** have joined from another insurer **we** may have transferred the medical underwriting terms from **your** previous policy for medical conditions that existed prior to **you** joining that policy.

64 USA coverage (USA passport holders)

if **you** are a USA passport holder, and **you** select area 3 (worldwide), **your** cover in the USA will be restricted to the first ninety (90) days in aggregate spent there during any one (1) **policy** year.

65 Vaccinations and inoculations

(applicable to Silver, Bronze Plus and Bronze) vaccinations and inoculations.

66 Vision correction

- (i) disorders of refraction, accommodation of the eye/lens and similar conditions, including refractive keratectomy (RK), photorefractive keratectomy (PRK) and macular degeneration.
- (ii) treatment to change or correct the refraction of one or both eyes, such as laser eye surgery or the provision of aids such as glasses and contact lenses unless eligible under Optical benefits

however, we will pay for corrective sight surgery consequent of an accident.

67 **War**

treatment directly or indirectly arising from or required as a consequence of war, invasions, acts of foreign enemy, hostilities (whether or not war is declared), civil war, rebellion, revolution, insurrection or military or usurped power, mutiny, martial law or state of siege or attempted overthrow of government.

68 Weight loss treatment

any **treatment** for obesity, and any form of weight loss **treatment**, bariatrics, removal of fat or other surplus tissue from any part of the body, whether or not for medical or psychological purposes, and any associated **treatment** costs consequent of such **treatment**.

GENERAL CONDITIONS

These conditions apply to all sections of this insurance.

1 Policy Term

The **policy** is an annual contract and is effective for twelve (12) months from the **commencement date**. The **policy** can be renewed **each year** on the **renewal date**, subject to the **policy** terms, conditions and premium rates in force at the time and as notified to **you** in **your** renewal invitation.

2 **Premium Payment**

Premiums can either be payable monthly, quarterly or annually and are due to be paid on or before the commencement date or renewal date. However, as your policy is an annual contract you are responsible for the whole year's premium even if we have agreed that you may pay by a monthly or quarterly premium. Failure to make payment may result in suspension of cover or termination of the policy without notice. Any reinstatement agreed on subsequent receipt of funds may result in the need for additional medical questions or application of General Exclusion 63 with effect from the date of reinstatement. No insured person shall have automatic right to continue the cover with us. Please refer to the Payment Terms & Conditions.

Payment for additions to the **policy** must be received by the due date on **our** invoice. If the **premium** is not received by **us** on or before the due date, cover may be deemed null and void without further notice.

3 Taxe

We reserve the right to reflect any changes in insurance **premium** tax or other government levies as may be imposed upon **us**

4 Intermediary

We may deal with the **policyholder's** brokers or intermediaries directly in negotiating, advising and assisting with the insured benefits under this **policy**.

5 Alterations

At each **renewal date**, **we** reserve the right to:

- (i) alter or discontinue the **policy** in its entirety;
- (ii) withdraw the **policy** from any market or territory in which it is currently available; and/or
- (iii) amend the benefits, terms, conditions and **premiums** of this **policy**.

We shall notify **you** of such changes at least twenty-one (21) days prior to the **renewal date** to **your** last known address. If **you** fail to receive such notice for whatever reason this shall not invalidate the change.

6 The Policyholder will

- ensure that all members within the group are made aware
 of the level of cover, medical underwriting terms, policy
 terms, conditions and claims procedure. All waiting periods
 as defined in the policy terms and conditions will be
 applicable to the members and the dependants unless
 otherwise agreed by us.
- ensure that all members are made aware of any changes or alterations to the policy, level of cover, policy terms and conditions.
- c. pay **premiums**, including taxes and government levies as may be applicable, to **us** on or before or on the due dates pursuant to and arising from the **policy** terms and conditions including the payment terms and conditions. For the avoidance of doubt, **premiums** should be paid directly to **us** by the **policyholder** and not through a broker or an intermediary.
- d. inform all **members** of the termination or non-renewal of their cover (if applicable) under the **policy**.

- ensure that the **member** and **dependant** membership cards are destroyed on termination of their coverage.
- disclose all material facts and circumstances of the members and their dependants where required by us for medical underwriting purposes.
- g. notify us as soon as practicably possible by written notice in the event that you wish to deal with us on a direct basis where the policyholder deals through an appointed insurance broker or intermediary or wishes to appoint a new insurance broker or intermediary.
- h. pay for and assume all and any liability for **out-patient treatment** that has been procured by any **member** or **dependant**, which is not covered by the **policy** terms and conditions and/or which has not been authorised by **us**. The **policyholder** may at its discretion meet the liability or pass such liability on to the **member**.
- pay for and assume all and any liability for any treatment that has been procured by or provided to any member or dependant who is no longer eligible for cover, irrespective of whether such treatment has been pre-authorised by us or not.
- j. provide to us in writing within five (5) business days of the commencement of the policy the following information in respect of the members:
- The name of each person, including eligible **dependants**;
- The date of birth of each person, including eligible dependants;
- The gender of each person, including eligible dependants;
- The nationality of each person, including eligible dependants;
- The country of residence of each person, including eligible dependants;
- The date the **member** joined the company;
- The category (level of cover) each member, including eligible dependants are to be added.
- k. provide clearly defined eligibility criteria for the membership of this scheme
- ensure that a member will join the scheme when they first become eligible. If a member is added at a time other than when first eligible, we reserve the right to offer different underwriting terms and will require a completed medical declaration.
- m. ensure that an eligible **dependant** will join the scheme at the same time as the **member** joins. A **dependant** can subsequently join with a different start date to the **member** if one (1) of the **Life Events** has occurred, within thirty (30) days of the **Life Event** occurring. **Newborn** children will be accepted from birth without the need for medical underwriting, provided that **we** receive notification of their arrival within this period. If a **dependant** is requested to be added outside the **Life Event we** reserve the right to offer different underwriting terms and will require a completed medical declaration.
- shall advise us in writing confirming which category (level of cover) a new member is joining, provide all the details outlined under j above and whether transferring their current medical underwriting from an existing medical insurer.
- notify all additions or deletions of members and/or their eligible dependants in accordance with the eligibility criteria of the scheme within twenty-eight (28) days of the effective date of their addition and/or deletion. A pro-rata addition or return of premium will be calculated.
- p. confirmation of the termination date of employment for any employee. Where a **dependant** is being deleted, **we** will require confirmation of the reason they are being removed from the scheme.
- q. at renewal the **policyholder** is required to confirm all **members** still meet the defined eligibility criteria of the

GENERAL CONDITIONS (continued)

7 Change of Risk

The **policyholder** must inform **us** as soon as practicably possible of any change relating to the **member** or any **insured person** covered under this **policy**. Such change may affect information given in connection with the original **application**. This may include any information as documented on the **Application Form** or supporting documents provided, which may have altered prior to the **commencement date** or the **renewal date** of the **policy**.

A change of cover, plan, **policy excess** or benefit can only be requested at the **renewal date** of the **policy**. **We** are under no obligation to agree to a requested change and any change may be subject to new underwriting terms and conditions.

The **area of cover** may be changed during the **policy** term if the **member** is moving **country of residence** or spending large amounts of time outside the existing **area of cover**, or if the group/company relocates to another country or state, subject to underwriting terms and conditions. The change in the **area of cover** will apply until the next **renewal date**.

All and any transfers from existing medical insurance coverage after the **commencement date** of the **policy** will be subject to underwriting terms and conditions and are at **our** discretion.

8 Cancellation

Cancellation by **you** - This is an annual **policy**. Whatever payment terms are selected by the **policyholder** and accepted by **us**, the agreed annual **premium** is due and the **policyholder** agrees to pay.

Cancellation by **us** – **We** will not cancel this **policy** because of eligible claims made by any **insured person**.

We are entitled to cancel this **policy**, if there is a valid reason to do so, including for example:

- (i) any failure by **you** to pay the **premiums**; or
- (ii) a change in risk which means **we** can no longer provide **you** with insurance cover; or
- (iii) non-cooperation or failure to supply any information or documentation **we** request, such as details of a claim; by giving **you** fourteen (14) days' notice in writing.

9 Choice of Law

This **policy** will be governed by English law and subject to the exclusive jurisdiction of the courts of England and Wales.

10 **Policy Language**

This **policy** is written in English and all other information and communications to **you** relating to this **policy** will also be in English unless **we** have agreed otherwise in writing. Where **policy** documents or other documents are provided in a language other than English for convenience, the English language version will take precedence in the event of any dispute.

11 Other Insurance

If there is any other insurance policy, a national insurance fund, or a body or institution covering any of the same benefits as provided by this **policy**, **you** must disclose or ensure that the relevant **insured person** discloses the same to **us**. **You** must provide **us** with full details of the other insurance, including the name and address of the other insurer, their policy and claim number and any other relevant information, when **you** first submit **your** claim. **We** will then contact the other insurance company which may involve **us** sending **your** personal information regarding **your** claim to the other insurer, in accordance with **our** Privacy Policy. **We** shall not be liable to pay or contribute more than **our** proportionate share.

12 Third Party Rights

The only parties to the **policy** are **you** and **us**. No other person is a third party beneficiary or has any right to enforce the **policy** wording or any part of it. Any person or company who was not a party to this **policy** has no rights under the Contracts (Rights of Third Parties) Act 1999 or any subsequent legislation.

Notwithstanding any law, statute, judicial decision, or rule to the contrary which may be or may purport to be otherwise applicable within the jurisdiction, locale or forum state of any healthcare or medical service provider, no transfer or assignment of any of the **insured Person's** rights, benefits or interests under this **policy** shall be valid, binding on, or enforceable against **us** unless first expressly agreed and consented to in writing by **us**. Any such purported transfer or assignment not in compliance with the foregoing terms and conditions shall be without effect as against **us**, and **we** shall have no liability of any kind under this **policy** to any such purported transferee or assignee with respect thereto. The terms of the **policy** shall not be waived, modified or changed except by **our** express written agreement.

13 **Economic Sanctions**

We will not cover any person as an **insured person** if such cover would result in **us** being exposed to any sanction, prohibition or restriction under United Nations resolutions or the trade or economic sanctions, laws, or regulations of the European Union, United Kingdom or United States of America.

14 Claims Contact & Information

All communication in respect of claims made under this **policy** will be with the **member** and/or the **dependant**. For claims relating to **dependants**, all communication will be with the **dependant** if they are aged over sixteen (16) years of age at the time of the communication, unless permission has been given to the **member** by the **dependant** that claims communication can be with the **member**. Where **we** agree to provide claims information (whether for premium calculation purposes or otherwise) **we** will provide general claims data only, to the **policyholder** and/or their appointed intermediary.

15 Foreign Exchange Adjustments

Foreign Exchange Adjustments on claim payments – we will pay the cost of **treatment** in the currency incurred. We will use the foreign exchange rates available to **us** on the date of **treatment** to determine the benefit level available. We will calculate the cost of the **treatment**, incurred in the **policy** currency, including any foreign exchange charges and will deduct the total sum from the amount of benefit available and will notify **you** of the amount of benefit remaining (if any) in the **policy** currency. Note that in some circumstances, depending on currency movements over which **we** have no control, this may result in there being insufficient benefit available to fully pay for the **treatment** received.

16 **Policy Suitable for Use**

You should ensure that this policy will cover you in your country of residence, as some countries require residents to take out health cover through a local provider or to hold cover which meets certain compulsory requirements. Similar requirements may apply to certain industries. The cover offered by us may not meet these country or industry specific requirements and therefore additional cover may be necessary.

17 Evidence Required

You must provide any relevant information **we** ask for to support **your** claim and in the event that **we** do not receive this information **we** may reject or withhold payment until the information **we** require has been received.

GENERAL CONDITIONS (continued)

18 Fraud

If **you**, or anyone acting for **you**, makes a fraudulent claim, for example a loss which is fraudulently caused and/or exaggerated and/or supported by a fraudulent statement or other device, **we**:

- a. will not be liable to pay the claim; and
- b. may recover from **you** any sums paid by **us** to **you** in respect of the claim; and
- may by notice to **you** treat this **policy** as having been terminated with effect from the time of the fraudulent act.

If **we** exercise **our** right under c. above:

- (i) We shall not be liable to you in respect of a relevant event occurring after the time of the fraudulent act. A relevant event is whatever gives rise to our liability under this policy (such as the occurrence of a loss, the making of a claim, or the notification of a potential claim); and
- (ii) **We** need not return any of the **premium** paid.

19 Information You Have Given Us

In deciding to accept this **policy** and in setting the terms including **premium we** have relied on the information which **you** have provided to **us** in **your application form** or at **your renewal date**. **You** must take care when answering any questions **we** ask by ensuring that any information provided is accurate and complete.

If **we** establish that **you** deliberately or recklessly provided **us** with untrue or misleading information **we** will have the right to:

- a. treat this **policy** as if it never existed;
- b. decline all claims; and
- c. retain the **premium**.

If **we** establish that **you** carelessly provided **us** with untrue, misleading information or a **non-disclosure we** will have the right to:

- (i) treat this **policy** as if it never existed, refuse to pay any claim and return the **premium you** have paid, if **we** would not have provided **you** with cover;
- (ii) treat this **policy** as if it had been entered into on different terms from those agreed, if **we** would have provided **you** with cover on different terms;
- (iii) reduce the amount **we** pay on any claim in the proportion that the **premium you** have paid bears to the **premium we** would have charged **you**, if **we** would have charged **you** more.

We will notify **you** in writing if (i), (ii) and/or (iii) apply. If there is no outstanding claim and (ii) and/or (iii) apply, **we** will have the right to:

- (1) give **you** thirty (30) days' notice that **we** are terminating this policy; or
- (2) give **you** notice that **we** will treat this **policy** and any future claim in accordance with (ii) and/or (iii), in which case **you** may then give **us** thirty (30) days' notice that **you** are terminating this **policy**.

If this **policy** is terminated in accordance with (1) or (2), **we** will refund any **premium** due to **you** in respect of the balance of the **Period of Cover**.

20 Arbitratio

All disputes and differences arising under or in connection with this Contract of Insurance between **us** and the **policyholder** shall be referred to arbitration under ARIAS (UK) Arbitration Rules.

The Tribunal shall consist of three (3) arbitrators, one (1) to be appointed by the claimant, one (1) to be appointed by the Respondent and the third to be appointed by the two (2) appointed arbitrators. The third member of the Tribunal shall be appointed as soon as practicable (and no later than twenty-eight (28) days) after the appointment of the two (2) party-appointed arbitrators.

The Tribunal shall be constituted upon the appointment of the third arbitrator. The arbitrators shall be persons (including those who have retired) with not less than ten (10) years' experience of insurance or reinsurance within the industry or as lawyers or other professional advisers serving the industry.

Where a party fails to appoint an arbitrator within fourteen (14) days of being called upon to do so or where the two (2) party-appointed arbitrators fail to appoint a third within twenty-eight (28) days of their appointment, then upon application ARIAS (UK) will appoint an arbitrator to fill the vacancy. At any time prior to the appointment by ARIAS (UK) the party or arbitrators in default may make such appointment.

The Tribunal may in its sole discretion make such orders and directions as it considers necessary for the final determination of the matters in dispute. The Tribunal shall have the widest discretion permitted under the law governing the arbitral procedure when making such orders or directions.

The seat of arbitration shall be London, England.

21 Right to Recovery

- a. If we over-pay any claim for benefits under this policy for any reason, we shall have the right to a prompt refund and to recover the amount of over-payment from the insured person, or the third party to whom the over-payment was made, as the case may be.
- b. If the **insured person**, or the relevant third party, does not promptly make any such refund to **us**:
- (i) We may reduce or deduct the amount due from any future claim under this policy:
- (ii) We may cancel this policy or the insured person's policy by giving thirty (30) days' notice in writing to the insured person or policyholder's last known mailing address or email address.

22 Claims Liability

Payment of a claim is not necessarily an indication of **our** acceptance of liability for the claim or confirmation that further costs for the same **medical condition**, or any related **medical condition** will be met.

23 Subrogation

We retain all rights of subrogation. Other than with our written consent you have no entitlement to admit liability for any eventuality or give promise of any undertaking which is binding upon you or us. Any amount recovered by us shall first be used to pay the costs and expenses of collection incurred by us, including reasonable lawyer's fees, and for reimbursement to us for any amount that we may have paid or become liable to pay under your policy. Any remaining amounts recovered shall be paid to you or other persons lawfully entitled thereto, as applicable. We shall be entitled to conduct all proceedings arising out of, or in connection with, claims in your name and to have full discretion in the conduct of such proceedings, including (but not limited to) instructing lawyers of our own choice for any such purpose.

24 Acceptance Clause

We are entitled to refuse to accept an application from any person without giving a reason. We reserve the right to apply additional endorsements or premium increases or to change any existing policy terms to take into account any information you provide to us in your application or at renewal of your policy.

25 Compliance with Policy Terms and Conditions / Compliance with Your Policy

We shall not be liable under **your policy** in the event of any failure by **you** to comply with the terms and conditions of this **policy**.

UNDERWRITING

When an **application form** is provided any medical information provided is assessed by **us**. In addition, **we** may review and consider any other relevant information **we** have such as previous declarations or claims submitted to **us**. This process is known as medical underwriting. Based on the information given to **us**, **we** may decide to:

- offer cover on standard terms
- apply special terms to the cover, such as personal medical exclusions
- decline to offer cover

If **we** are unable to offer the underwriting type that has been applied for, **we** may consider offering an alternative underwriting option. Please note, **we** may refuse to accept an **application** without giving a reason.

There are various types of medical underwriting that may apply to this **policy**. These are listed below and the underwriting type that is applicable to this **policy** will be detailed on **your Certificate of Insurance**:

- Medical History Disregarded (MHD)
- Moratorium (Mori)
- Full Medical Underwriting (FMU)
- Continuing Personal Medical Exclusions (CPME)
- Bronze Underwriting (Bronze plan only)

Medical History Disregarded (MHD)

This is where **we** will cover **your pre-existing medical conditions**, subject to the benefits, terms and conditions of this **policy**.

Moratorium (Mori)

This is where any **medical condition you** had within the five (5) years prior to **your date of entry** is not covered. These are known as **pre-existing medical conditions**.

Once **you** have been on cover under the **policy** for two (2) continuous years **your pre-existing medical condition** may become eligible for cover provided, in that two (2) year period, **you** have not:

- experienced and or suffered from any signs or symptoms, whether investigated or not;
- b. sought or received **advice**; or
- c. been recommended to have or had received medical treatment, including lifestyle changes and special diets, drugs, medication and injections

If any of the above apply in the first two (2) year period, **you** will have to wait until **you** have completed a continuous period of two (2) years when none of these apply before **we** consider covering **your pre-existing medical condition**. **You** must ensure **you** follow medical **advice** provided to **you** in relation to **your** condition, even if this means **you** will be unable to obtain cover.

If one of **your pre-existing medical conditions** is one of those shown below, **we** will also exclude **treatment** for the specified conditions as detailed in the table below:

For your pre-existing conditions, if you :	We will not pay for treatment of the following specified conditions:
have been diagnosed with diabetes	• Diabetes • Ischaemic heart disease • Cataract • Diabetic retinopathy • Diabetic renal disease • Arterial disease • Stroke
are currently undergoing treatment for raised blood pressure (hypertension)	 Raised blood pressure (hypertension) • Ischaemic heart disease • Stroke Hypertensive renal failure
are under investigation, having treatment or undergoing monitoring as a result of a Prostate Specific Antigen (PSA) test	Any disorder of the prostate

Please note, with moratorium underwriting some **pre-existing medical conditions** may never be covered.

Please see general exclusion 63.

Full Medical Underwriting (FMU)

This is where **we** ask for details of **your** full medical history. Based on the information received **we** will confirm what terms we are able to offer **you** and any exclusions that may apply. Where standard terms have been offered **your policy** will be subject to the terms and conditions as detailed in **your policy**. Where special terms have been offered these will be detailed on **your Certificate of Insurance**. For example, if **we** have excluded a declared **medical condition**, this condition will never be covered.

Continuing Personal Medical Exclusions (CPME)

This is where **you** are moving from **your** previous insurer to **us**. If **you** were previously insured on an FMU basis **we** agree to continue any personal medical exclusions applied by **your** previous insurer. If **you** were previously insured on a moratorium basis **we** agree to maintain the original moratorium start date **you** had with **your** previous insurer.

When accepting **you** on a CPME basis waiting periods may be waived if **you** had comparable benefits with **your** previous insurer.

There must be no break in cover and **your** existing level of cover must, in **our** opinion, be comparable for **us** to consider this option. Please note, **our policy** terms and conditions will apply and not those of **your** previous insurer.

Bronze Underwriting

This is where any **medical condition** which existed prior to **your date of entry** is not covered and never will be covered. This is only available under the Bronze plan, and is the only available underwriting option for this plan.

If one of **your medical conditions** that existed prior to **your date of entry** is one of those shown below, **we** will also exclude **treatment** for the specified conditions as detailed in the table below:

For medical conditions existing prior to your date of entry, if you:	We will not pay for treatment of the following specified conditions:
have been diagnosed with diabetes	• Diabetes • Ischaemic heart disease • Cataract • Diabetic retinopathy • Diabetic renal disease • Arterial disease • Stroke
are currently undergoing treatment for raised blood pressure (hypertension)	• Raised blood pressure (hypertension) • Ischaemic heart disease • Stroke • Hypertensive renal failure
are under investigation, having treatment or undergoing monitoring as a result of a Prostate Specific Antigen (PSA) test	Any disorder of the prostate

Please see general exclusion 62.

ASSISTANCE & CLAIMS PROCEDURE

Please follow the guidelines below to help **us** process **your** claims properly and efficiently.

POLICY DOCUMENTS

Within your policy pack you will have your Certificate of Insurance which tells you the plan you have selected, who is insured under your policy, which benefits you have chosen, and your policy excess. Also any Endorsements applicable to your cover will be noted on your Certificate of Insurance. You can also obtain a copy of your Certificate of Insurance through 'MyALC' our online member area.

MEMBERSHIP CARDS

We also supply personalised membership cards to every **insured person**, which includes **our** essential contact numbers and addresses. This means that **you** and **your** family are only a phone call away from help. **We** suggest **you** keep **your** card with **you** at all times.

Please note **you** will find **your policy** and customer numbers on **your** membership card. These should be used to register on **our** online member area at: www.alchealth.com/claims.htm on 'MyALC'.

MvALC

Within 'MyALC', **our** online member area, **you** will be able to:

- Pre-authorise your treatment
- Easily submit **your** claims
- Download a copy of your Certificate of Insurance
- Read secure messages from **our** claims team
- · Search for a medical facility
- Obtain useful travel and security information
- · Start a web chat
- Access the secure **premium** payment area

HOW TO MAKE A CLAIM

Full details of how to make a claim can be found online at 'MyALC' www.alchealth.com/claims.htm

OUT-PATIENT TREATMENT - Reimbursement

Please note that all **out-patient treatment** relating to **psychiatric illness** requires **pre-authorisation** (see below) and **we** reserve the right to decline the claim in full if **treatment** is not **pre-authorised**.

For all other **out-patient treatment**, there is no obligation for **you** to seek **pre-authorisation** and, where the **policy** does not stipulate that **pre-authorisation** is required, **you** may be asked to pay and claim. **You** may go to **your medical practitioner** or **specialist** for consultations or **treatment** and submit **your** claim for **reimbursement**. **You** will need to complete a claim form which **you** can submit online together with **your** invoices and receipts and any additional medical information that has been provided to **you**.

Please note that there may be times when **we** need more detailed medical information to establish that **your** claim is eligible for cover.

On these occasions we will send you a Medical Certificate for completion by your treating medical practitioner or we may, with your written permission, contact your usual family medical practitioner, treating medical practitioner or specialist directly. You can also download a Medical Certificate from our website at www.alchealth.com/claims.htm to take with you to your appointment to avoid delays later.

You will need to complete the first part of the form and then pass it to **your medical practitioner** or **specialist** to complete their section before submitting to **us** by fax, post, email or online.

OUT-PATIENT TREATMENT – Psychiatric Illness Pre-authorisation

Before you proceed with treatment of a psychiatric illness, you must contact us to seek pre-authorisation. You can pre-authorise your claim before you visit your medical practitioner or specialist by calling us on:

Request online via 'MyALC'

+44 (0) 330 333 6686 or by using the relevant local or free phone numbers detailed on the back of **your** membership card.

Please note that there may be times when we need detailed medical information to establish that your claim is eligible for cover and we may, with your written permission, contact your usual family medical practitioner, treating medical practitioner or specialist directly. We will confirm what benefits you are eligible for, how much you are able to claim and what you should do next. If your claim is eligible for cover and pre-authorised by us, you will be given a pre-authorisation number. You will also receive a copy of the Guarantee of Payment we may send to the medical practitioner, specialist or hospital. Where possible, please apply for pre-authorisation at the earliest time and no later than FIVE (5) WORKING DAYS prior to your appointment. You can send any invoices and receipts and any additional medical information that has been provided to you, quoting your pre-authorisation number online via 'MyALC'.

PLANNED IN-PATIENT & DAY-PATIENT TREATMENT

All in-patient and day-patient treatment must be pre-authorised.

If **treatment** is not **pre-authorised** by **us**, **we** reserve the right to decline **your** claim.

If your treatment is not pre-authorised and your treatment is subsequently proven to be covered under the terms and conditions of your policy, we will pay only 50% of eligible benefits.

Please ensure that **you** apply for **pre-authorisation** of planned **in-patient** & **day-patient treatment** at the earliest time and no later than FIVE (5) WORKING DAYS prior to the admission or **treatment** appointment. Please see below in relation to **Emergency** Admissions.

You can pre-authorise your claim before you visit your medical practitioner or specialist or hospital by calling us on:

+44 (0) 330 333 6686

or emailing: preauthorisation@alchealth.com

Alternatively **you** can go to **our** website at **www.alchealth.com/ claims.htm** and request **pre-authorisation** by completing the online submission form.

Once we have all the required information and have confirmed that your claim is eligible, where possible, we will issue a Guarantee of Payment to the medical practitioner, specialist or hospital and you will also receive a copy. Your medical practitioner, specialist or hospital should send their invoices to us for payment along with a copy of the Guarantee of Payment, we can then arrange to make direct payment to them and will send you a statement to confirm this has been done. Please ensure you allow us to settle all agreed treatment directly with the hospital so we can ensure costs are reasonable and customary.

In some circumstances, **you** may need to pay the **medical practitioner**, **specialist** and/or **hospital** upfront for the eligible **treatment** directly. In these cases, once **we** have confirmed that **your** claim is eligible, **you** must forward **your** paid accounts directly to **us** by online submission at 'MyALC' or post, fax, email attachment or online submission and **we** will send the payment (and statement) to **you** instead. Please ensure that **you** include **your pre-authorisation** number on any correspondence and that **your** registered bank account details are up-to-date.

EMERGENCY ADMISSIONS

If you have an emergency situation and require immediate admission to hospital, our specialist team are there to support you. You or the hospital can contact them on +44 (0) 330 333 6686 or you can ask someone to call them on your behalf.

If possible, please make sure that when **you** are admitted to **hospital you** give them **your** membership card as this will help **us** to deal with them directly.

We recommend that you ensure a relative, close friend or colleague is aware of your medical insurance arrangements and that you carry your membership card at all times. In the event of an emergency admission where you are not in a position to notify us, hospitals may need access to this and will, where necessary, check your personal belongings to discover it.

ASSISTANCE & CLAIMS PROCEDURE (continued)

TREATMENT WITHIN THE UNITED STATES OF AMERICA – Within Area 3 Cover

You are free to choose the medical practitioner, specialist or hospital and location for your treatment within your area of cover. It is not a requirement of your policy that you seek treatment or supplies exclusively from a provider within our network of providers (Preferred Provider Organisations (PPO) Network).

However, if **you** choose to have **treatment** with a provider that is not within **our PPO Network**, this may affect the scope and extent of benefits available under **your policy**. Any **policy excess** amount due will be deducted in addition to a 50% **co-insurance**, as set forth in 'The Cover'.

A directory of providers within the USA **PPO Network** is available to **you** online at 'MyALC' **www.alchealth.com/claims.htm. You** will need to give the provider **your** Membership Card, which includes **our PPO Network** logo.

For Emergency Treatment and Emergency Treatment Outside of Area of Cover

We understand there may be times when **you** are in an **emergency** situation and unable to determine which **hospital you** are admitted

to. On these occasions, **our** specialist team will be there to support **you** and there may be alternative **PPO Networks** who **we** are contracted with separately and may be able to provide repricings, discounts or reduced charges for **treatment** provided to **you**. **We** will need detailed medical information to support the need to receive **treatment** outside of **our** usual **PPO Network** and, once **we** have confirmed **our** cover decision, **we** will be able to confirm any reductions in overall costs and will waive any and all applicable **co-insurance** detailed in 'The Cover'.

CLAIMS DEPARTMENT CONTACT DETAILS

All claims queries, **pre-authorisation** requests and document uploads can be submitted:

Online: www.alchealth.com/claims.htm Tel: +44 (0) 330 333 6686 Fax: +44 (0) 330 333 6687 Email: claims@alchealth.com

Post: ALC Health Claims Team PO Box 1114 Cardiff CF11 1UL United Kingdom

COMPLAINTS

à la carte healthcare limited trading as ALC Health, London Global S.r.l trading as à la carte healthcare is the product provider. SiriusPoint International Insurance Corporation is the underwriter. Claims are managed by a claims handling company appointed by ALC Health.

We all aim to always provide a high standard of service but there may be times when **you** are unhappy with **us**. If **we** are unable to resolve matters to **your** satisfaction and **you** wish to make a complaint please contact **us** using one of the following:

Post: The Quality Assurance Team, ALC Health, PO Box 1114, Cardiff, CF11 1UL, United Kingdom

Phone: +44 (0) 330 333 6686

 $\begin{tabular}{ll} Email: quality as surance@alchealth.com or alternatively email complaints. alchealth@londonglobal.eu \end{tabular}$

To help **us** resolve **your** complaint, please supply the following information:

- Your name and membership details
- A contact telephone number
- A description of **your** complaint
- Any relevant information relating to your complaint that we may not have already seen.

We want to resolve **your** concerns as quickly as possible and will do all **we** can to resolve **your** complaint within seventy-two (72) hours. If **we** can do this, **we** will send **you** a Summary Resolution Communication (SRC) confirming the complaint has been resolved to **your** satisfaction. If **we** can't do this, **we** will contact **you** within five (5) working days to acknowledge **your** complaint and explain the next steps.

Should **you** remain dissatisfied following the final written response, **you** may be eligible to refer **your** case to the Financial Ombudsman Service using the details given below. **You** have six (6) months from the date of our final response to refer **your** complaint to them.

Financial Ombudsman Service Exchange Tower London E14 9SR

Email: complaint.info@financial-ombudsman.org.uk

From within the United Kingdom

Tel: 0800 0234 567 (free for people phoning from a "fixed line", for example, a landline at home)

Tel: 0300 1239 123 (free for mobile-phone users who pay a monthly charge for calls to numbers starting 01 or 02)

From outside the United Kingdom

Tel: +44 (0) 20 7964 1000

Fax: +44 (0) 20 7964 1001

The European Commission also provides an on-line dispute resolution (ODR) platform that allows consumers to submit their complaint through a central site, which will forward the complaint to the right Alternative Dispute Resolution (ADR) scheme. The ADR scheme for London Global S.r.l trading as à la carte healthcare is the Arbitration board for mediation at the Bari Chamber of Commerce, who can be contacted directly using the contact details below. For more information about ODR please visit http://ec.europa.eu/odr

Arbitration board for mediation at the Bari Chamber of Commerce Corso Cavour 2 Bari, 70121 Italy

REGULATORY INFORMATION

à la carte healthcare limited trading as ALC Health are authorised and regulated by the Financial Conduct Authority (FCA) in the UK under registration number 311496.

London Global S.r.l. trading as à la carte healthcare, authorised and regulated by IVASS, Italy (A000620496) and Deemed authorised and regulated by the Financial Conduct Authority. Details of the Temporary Permissions Regime, which allows EEA based firms to operate in the UK for a limited period while seeking full authorisation, are available on the Financial Conduct Authority's website. Registered office: Udine, Via Manin 6/4, Udine, Friuli-Venezia Guilia, 33100 Italy. Company identification number 02952330302, acting through its London Branch with UK establishment number BR022179 Trading address 3rd Floor, Fitzalan House, Fitzalan Court, Cardiff, CF24 0EL, United Kingdom.

This **policy** is underwritten by SiriusPoint International Insurance Corporation ("SiriusPoint"). SiriusPoint is authorised by the Prudential Regulation Authority and regulated by both the Prudential Regulation Authority and the Financial Conduct Authority (FRN: 202912) with company number BR002760 and with its establishment offices at

Floor 4, 20 Fenchurch Street, London EC3M 3BY, UK. SiriusPoint is a UK establishment office of SiriusPoint International Insurance Corporation (Publ) which is authorised and regulated by the Swedish Financial Supervisory Authority with company number FC018332 and with its registered address at Birger Jarlsgatan 57b, 113 96 Stockholm, Sweden.

This information can be checked by visiting the FCA register which is on their website **www.fca.org.uk** or by contacting the FCA on +44 (0)20 7066 8348.

The FCA is committed to securing the appropriate degree of protection for consumers and promoting public understanding of the financial system. The FCA have set out rules which regulate the sale and administration of general insurance which **we** must follow when **we** deal with **you**.

ALC Health provide advice and information only on **our** own products. If **you** require advice on other available products which may be more suitable to **your** needs **you** should consult an appropriately qualified insurance broker or intermediary.

INSURANCE GUARANTEE SCHEME

Depending upon where in the EEA **you** and/or the **insured** risk is located there may be a local scheme that applies. Where a scheme is

available in an EEA member state it may cover only limited types of insurance although some jurisdictions have wider schemes.

SEVERAL LIABILITY NOTICE

The subscribing insurers' obligations under contracts of insurance to which they subscribe are several and not joint and are limited solely to the extent of their individual subscriptions. The subscribing insurers are

not responsible for the subscription of any co-subscribing insurer who for any reason does not satisfy all or part of its obligations.

AREA OF COVER

AREA 1 EUROPE

(Europe is defined as: Albania, Andorra, Armenia, Austria, Azerbaijan, Belarus, Belgium, Bosnia & Herzegovina, Bulgaria, Canary Islands, Channel Islands, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Georgia, Germany, Gibraltar, Greece, Greenland, Hungary, Iceland, Ireland, Italy, Kazakhstan, Kyrgyzstan, Latvia,

Liechtenstein, Lithuania, Luxembourg, Macedonia, Madeira, Malta, Moldova, Monaco, Montenegro, Netherlands, Norway, Poland, Portugal, Romania, Russian Federation, San Marino, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Tajikistan, Turkey, Turkmenistan, Ukraine, United Kingdom, Uzbekistan).

HOW IS MY PERSONAL DATA PROTECTED?

This is only a summary of ALC's policies regarding **your** personal information. For a complete explanation of how **we** gather, use and protect **your** personal information and **your** corresponding rights, please review **our** complete Privacy Policy, which is available at https://www.alchealth.com/privacy.htm

We will deal with all personal information supplied by **you** in the strictest confidence as required by the General Data Protection Regulation.

When **you** provide data processing consent, **we** will process **your** personal information in order to provide the services **you** have purchased, including to administer claims, and to receive member communications, in accordance with **our** Privacy Policy. If **you** provide marketing consent, **we** will send **you** relevant information and future marketing materials regarding products or services in which **you** may have interest, and for all other purposes set forth in **our** Privacy Policy. **You** may withdraw **your** consent at any time.

By providing marketing consent, **we** may gather information about **you** from third parties to help **us** identify insurance products and

services in which **you** may have interest, and share information with third parties, such as web analytics tools, in order to send **you** relevant information and future marketing materials, and for all other purposes set forth in **our** Privacy Policy. **You** may withdraw **your** consent at any time.

We may share **your** information with third parties who provide services on **our** behalf to help with **our** business activities. These companies are authorised to use **your** personal information only as necessary to provide these services to **us**. When **we** share information with these other companies to provide services for **us**, they are not allowed to use it for any other purpose and must keep it confidential. These services may include:

- Adjudicating and managing the claims process
- Payment processing to healthcare providers
- Providing customer service

In certain situations, ALC Health may be required to disclose personal data in response to lawful requests by public authorities, including to meet national security or law enforcement requirements.

FAIR PROCESSING NOTICE

This Privacy Notice describes how SiriusPoint International Insurance Corporation (for the purpose of this notice "we", "us" or the "Insurer") collect and use the personal information of **insureds**, claimants and other parties (for the purpose of this notice "you") when we are providing our insurance and reinsurance services.

The information provided to the Insurer, together with medical and any other information obtained from **you** or from other parties about **you** in connection with this **policy**, will be used by the Insurer for the purposes of determining **your application**, the operation of insurance (which includes the process of underwriting, administration, claims management, analytics relevant to insurance, rehabilitation and customer concerns handling) and fraud prevention and detection. **We** may be required by law to collect certain personal information about **you**, or as a consequence of any contractual relationship **we** have with **you**. Failure to provide this information may prevent or delay the fulfilment of these obligations.

Information will be shared by the Insurer for these purposes with group companies and third party insurers, reinsurers, insurance intermediaries and service providers. Such parties may become data controllers in respect of **your** personal information. Because **we** operate as part of

a global business, **we** may transfer **your** personal information outside the European Economic Area for these purposes.

You have certain rights regarding **your** personal information, subject to local law. These include the rights to request access, rectification, erasure, restriction, objection and receipt of **your** personal information in a usable electronic format and to transmit it to a third party (right to portability).

If **you** have questions or concerns regarding the way in which **your** personal information has been used, please contact: DPOLondon@siriuspt.com.

We are committed to working with **you** to obtain a fair resolution of any complaint or concern about privacy. If, however, **you** believe that **we** have not been able to assist with **your** complaint or concern, **you** have the right to make a complaint to the relevant Information Commissioner's Office.

For more information about how **we** process **your** personal information, please see **our** full Privacy Notice at: https://www.siriuspt.com/legal/website-privacy-policy-final.pdf



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